

**Bumper
24-page
SPECIAL**

October 2003
Vol 7 #2

BRAAI NEWS

#1 Newsletter for the South African Community of Tampa Bay

Bilingual Church Services Now in Full Swing

Local Services Add to The Charisma and Variety of SA Activities in Tampa Bay

by Sharon Bond

The Faith United Church of Christ in Clearwater, Florida, is pleased to announce the launch of its regular monthly, heeltemaal tweetalige

diens, on the Second Sunday of each month.

Anton DeWet, resident pastor at the church, heads up these Interfaith and non-denominational services. But more importantly, Anton creates his sermons especially for immigrants. Many of the congregation have commented on how refreshing it is to hear positive advice and comments about issues that pertain to us specifically. Both inspirational and encouraging in nature, Anton's services are quite unique, and certainly the concept constitutes a major milestone here in the USA.

The first service, which took place on August 10th, 2003, drew nearly 40 people. Although we



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began without an organist, the crowd was able to hold the tunes long enough to qualify them as hymns, and a great time was had by all. The service was followed with fellowship and networking Snacks and drinks, were provided by everyone who attended.

"I am very pleased with the turnout of people." "Ek het gesien dat dit baie goed vir baie mense was," said Resident Minister Anton DeWet, after the service.

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A Note From Noleen

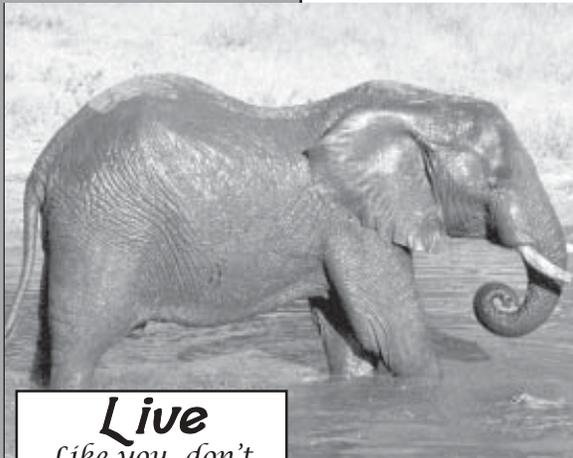
Our group has been very busy these past few months. Sharon and I were privileged to be invited to the Sarasota group's first braai this year. They had a turn out of almost 80 people and the setting at Siesta Beach, Sarasota is truly beautiful. We all had a great time and I hope that the organizers, Colin and Beatrice, continue to make this group grow and that the South Africans carry on enjoying the get-togethers, after all that is what it's all about.

Anton de Wet has opened his heart and his church to us all and every second Sunday of the month we meet at Faith United Church of Christ located at 2401 Drew Street, Clearwater. It truly is an interdenominational service. After the service, the microphone is passed around for those who'd like to

introduce themselves. In doing so, we are all able to learn a little bit more about each other. It is amazing what sharing and communicating can do for the soul. Just by being willing to share with others some of our joys, fears and adventures, we realize that there are others out there who are in the same boat. And sometimes, knowing that you are not the only one in a certain situation can be very helpful, emotionally.

I have often wondered if people realize how powerful simply being willing to *listen* is. To be willing to *listen* when a friend speaks, not necessarily to agree or disagree, not to sit in judgment, simply to *listen*. But more than that, to really *care* about our fellow

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Live

Like you don't need the money...

Love

like you've never been hurt...

Dancee

like nobody's watching!

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Visit our website: www.braainews.com

Sunset Braais in Sarasota!



Photo by Philip Smith

Sarasota's Got It Going

A nice size crowd of 80 or perhaps even 90 people, turned up on Memorial Day weekend for a Sunset Braai in Sarasota. Colin and Carol Kraines arrived from South Africa less than a year ago, and decided that Sarasota needed a Braai. So, with a little help from veteran organizers, Neville and Bernice Sugarman, these enterprising South Africans now have it up and running. *Way to go guys!* The next braai will take place on Saturday, November 8th, 5-9pm, at the shelter at Turtle beach on Siesta Key. The fires will be arranged. Bring all you need to braai, drink, etc., including braai

tools. Please also bring a note of your name, address, phone number and email address to make sure are on the list. We're asking for \$2.00 per adult (kids are free) to cover costs of rental, charcoal, fires lighters etc.

Please note the county has stipulated in the rental contract " Glass Containers (of any kind) are prohibited in County Parks!" To get there, go over Stickney Point Road from US41, then south. The shelter is on the right (west) side of the road. You can email Colin, at ccjhc@comcast.net, or look out for him at our next Braai in Phillippe Park on October 26th.



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Our Hearty Congratulations go out to **Ira Goodman and Roz Solomon** who were married on June 21st, 2003. The service took place at the Isla Del Sol Country Club. Good luck guys! And all of the very best to you both on behalf of the South African Community of Tampa Bay. *Mazeltov!*



Who's the Scariest of Them All?

Hey Kids!

You're invited! Come along in costume and enter our Halloween contest. Around noon, we will bring out the judges to find out just who is the scariest of them all. Lots of great prizes to be won. Plenty of candy AND a scavenger hunt too!

Condolences

Our deepest condolences go out to the Grover family. Isa Grover, mother of Kenny, George, Yvonne and Shirley, passed away peacefully in South Africa on Saturday, September 27th 2003. Isa Grover had 11 grandchildren and 7 great-grandchildren. She lived in Pretoria, but had visited her family here in Florida during 1999 and again in 2002. Dawn, Kenny, Adrienne and kids are very grateful to have had that time with her.

Dawn would like to thank everyone who sent cards and condolences.

Correction

In the last issue of *Braai News* we incorrectly referred to Eunice and Brian Rocklin's last name as Rockland. We apologise for any inconvenience.

~~~Through The Grapevine~~~

SA 2003: It now costs R300 to fill your tank, R1200 to rent a car for 1 day, more than R300 to take a family of 4 to the Spur, R2,500 to fill up a trolley at the supermarket, and R12 for a 2lt Coke. A "Double" Burger at McDonalds will set you back R25, while a burger and Coke at the Wimpy Bar is \$25 also. How about a pair of designer jeans? Try R600. Moral of the story? Take mucho moolah if you're planning a vacation!

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At our next Braai
October 26, 2003
Phillipe Park, Safety Harbor

We will have a Pot Luck Dessert Table

Please bring your favorite desserts
for us all to share!

See Noleen's story on page 1

And remember to put
your hometown on
your name tag when
you get there!



MARTIN CILLIERS

is hereby nominated Biltong Maker of the Year!

What will it take to keep that biltong coming Martin? I gotto tell you... "It's the best I've ever had"

If anyone else would like to enter their recipe, bring it along. We will have a biltong tasting committee at the next braai... and I'll be the judge! :)))



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Adapting in A New Society

by Rev. Anton DeWet

For many of us the transition from South Africa to the United States has been one of the most challenging experiences of our lives.

Not only have we dealt with the exasperating INS, we have also uprooted ourselves and left behind everything and everyone we have held near and dear to our hearts.

In speaking with fellow South Africans who have made the move, and recounting my own experiences I have become extremely sensitized to the complexity of the process one goes through when immigrating.

For many it is an emptiness and disconnected-ness that comes close to being unbearable, and no measure of rationalization you apply, nothing makes up for these experiences we have.

The best way to weather these emotional storms, I found, was to arm myself with knowledge. The first time I understood my own struggle was when I was attending a seminar for ministers and caregivers on **“Disenfranchised Grief.”** Dr. Kenneth J. Doka Ph.D., defines “disenfranchised grief” as *“grief experienced when loss cannot be openly acknowledged, socially sanctioned or publicly shared.”*

We are mostly unaware of the fact that immigration places us in the midst of a grief process. We have lost something of great value. For every individual that loss represents something different, but mostly it means the loss of family, friends, home, culture and even the continent of Africa to which we remain connected in so many ways. The first step is thus to acknowledge your loss.

It is a challenge to deal with your grief when the dominant cul-

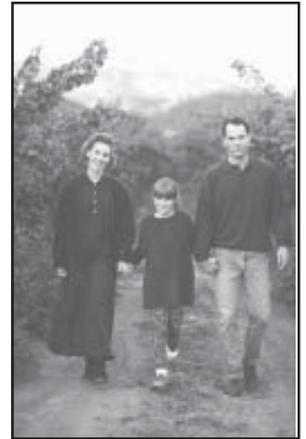
ture cannot understand your loss and for that matter, sanction that loss, which makes it very difficult to find an empathetic listener. Check out Ken Doka’s definition of “disenfranchised grief” again.

What to do? I found it helpful in acknowledging my grief. I refused to feel guilty for my grief. I spoke to friends (yes, even our American friends do want to understand) about my experiences. I also acknowledged the fact that my feelings of disconnectedness, loss, alienation, and sadness will become more bearable as time goes by, and it has. After ten years I can now think of the US as my home where my family and I can live in peace and dignity. I have come full circle and I now remember Africa without a despairing homesickness, but a deep gratitude and love. It is, after all, our Africa

As with the death of a loved one, you do become used to it but more than with the death of a loved one, you come to accept and love your new homeland, warts and all. It is a place where our children can grow and flourish. Every evening as my wife and I go for our walk it is with a deep sense of gratitude that I acknowledge the fact that we made the right decision to make the US our home.

Wishing you all a great future!

(Anton DeWet is Minister at Faith United Church of Christ in Clearwater, Florida.)



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Calling Past Pupils Of WGHS

by Brenda Riontino

Are there any past pupils of Wynberg Girls' High School (Cape Town) in this area? If so, we would love to hear from you! You can visit your alma mater by browsing their website at www.wynghs.co.za for photos, news and the latest newsletter. Click on "Past Pupils" for an update on your school chums. They are listed chronologically by matriculation years, in five-year blocks. The site also features a guided (photo) tour of the school and campus, which includes several photos showing the laying of the AstroTurf for the new hockey field.

I had been wondering recently whether my class had any plans for a reunion. However, "Past Pupils" had no hyperlink for the five-year period when I left WGHS, so I e-mailed one of the addresses given. Pat Orpen (pat@on-cue.co.za) replied that there had been no word from any pupil in that five-year block until I had written! So, now they are hoping to hear from many others, and they have entered my few words of greetings from Florida as a welcome start. Pat, who is a teacher, wrote "We are very proud of many of the students who have matriculated here, and we hope to hear from many more." So, go ahead, and let her know where you are nowadays, even if it is only a brief sentence.

It's been fun to re-visit WGHS, and to see those lovely mountains as a backdrop to the school, and to realize that I can now call the young teachers by their first names. And then to chuckle over my red "Waterloo" house pin all these years later. Which house were you in? And do you remember the old hall?

Brenda Riontino, St. Petersburg, Florida welcomes e-mails at BRIONTINO@aol.com

Important!

Please note that the people who make food up especially for everyone at the Braai, eg. Koeksusters, Boerewors, Biltong, etc., would really like to have your orders ahead of time whenever possible.

This helps them in deciding how much to make and to take with them to the Braai, so that you can enjoy the freshest food possible. Please look out for their ads throughout the newsletter, and please remember to support our advertisers. They help make this newsletter possible.

Thank you.

*Sharon
Editor*



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- 2lbs Stew Beef
- 2lbs Boneless Pork Roast
- 2lbs Frying Chicken
- 2lbs Country Spare Ribs
- 2lbs Hot or Sweet Sausage
- Total 16lbs**

Plan B \$49.99

- 2lbs Top Sirloin
- 3lbs Ground Chuck
- 3 Ham Steaks (Boneless)
- 3lbs Roasting Chicken (cut up)
- 2lbs Pork Chops
- 3lbs Roast Beef
- 2lbs Stew Beef
- 2½ lbs Sirloin Burgers
- 2lbs Hot or Sweet Sausage
- 2lbs All Beef Franks
- Total 24½ lbs**

Plan C \$69.99

- 3lbs Roast Beef
- 2lbs All Beef Franks
- 2lbs Stew Beef
- 4lbs Chicken Parts
- 4 pcs Sirloin Sizzlers
- 3lbs Whole or Cut Up Fryers
- 2lbs Hot or Sweet Sausage
- 2lbs Chopped Chuck
- 2lbs Pork Chops Center Cut
- 4lbs Country Ribs
- 2lbs London Broil
- Total 32½ lbs**

Plan D \$99.99

- 3lbs Pot Roast
- 3lbs London Broil
- 3lbs Chopped Sirloin
- 3lbs Stew Beef
- 3lbs Chicken Parts
- 3lbs Ground Chuck
- 3lbs Pork Roast
- 3lbs Spare Ribs (Country)
- 3lbs All Beef Franks
- 3lbs Hot or Sweet Sausage
- 3lbs Roast Beef
- 3lbs Pork Chops
- Total 36lbs**

Plan E \$36.99

- 2lbs All Beef Franks
- 1½ lbs Thin Pork Cutlets
- 1½ lbs Hot or Sweet Sausage
- 1½lbs Chicken Cutlets (fileted)
- 2½lbs Sirloin Burgers
- 3lbs Chicken (whole or cut up)
- 1½lbs Pork Spare Ribs
- 2lbs Pork Chops (center cut)
- 2lbs Chopped Sirloin
- Total 17½ lbs**

Plan F \$46.99

- 4 Stks Marinated Chicken Wings
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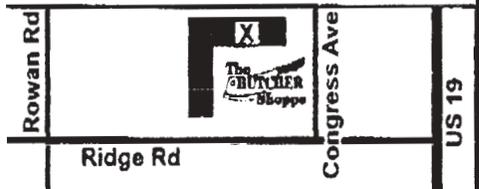
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Email Etiquette

by Phil Naudé, webmaster@braainews.com

Email etiquette, also known as Netiquette (Network Etiquette) has become an important issue to many Internet users. Today's Internet users have many electronic tools at their disposal for communication (email, instant messaging, bulletin boards, news groups etc.) Sometimes proper etiquette is sacrificed for convenience, ignorance or just plain laziness.

Here are some rules to remember when sending email:

Use the Spell Checker: Outlook Express and Outlook come with built-in spell checkers. Not only will it correct most of the misspelled words, but it will also leave a good impression on the recipient. It will let them know that you took the time to correct any mistakes in your grammar or spelling.

Do not write in all-capital letters: WRITING IN CAPITALS GIVES THE IMPRESSION THAT YOU ARE SHOUTING. Please be courteous and use sentences with all capitals sparingly. If you would like to emphasize a specific word, add a star to the beginning and the end of the word, like *this*. It changes the tone of the whole sentence without being overbearing.

Read the email before you send it: It might seem silly, but reading your email out loud is an old newspaper editor's trick to spot your own mistakes in anything you have written. It might seem implausible, but it works.

Forwarding jokes and other emails: This has become a very sensitive issue to many email recipients. Some people forward *anything* to every recipient in their address book. This causes much dismay and irritation to the recipients of these onslaughts. It is considered poor form not to clean up an email before forwarding it to someone who doesn't mind receiving emails from you as a rule. Forwarding an email that has fragmented content and several >>> (greater than symbols) next to the text reflects very poorly on the sender. As a result many recipients simply delete or filter out any emails from the offending sender without ever even reading it. So, instead of a friend sharing a

funny joke with another friend, it has become an irritation compared to the likes of Spam.

Don't forward virus hoaxes or chain letters: These types of emails rate up there with Spam and unwanted emails. Sending mails without checking on the validity of that email is also considered poor etiquette. There is a dedicated web site to check up on urban legends, virus hoaxes and chain letters: <http://www.snopes.com/>. As a rule I check any emails I receive that ask me to forward an email to everyone, give personal information or to delete anything already on my computer as suspicious.

Don't reply to Spam: Clicking on any link to "unsubscribe" in a Spam email only confirms to the Spammer that your email account is active, which only encourages more Spam to your email address. Instead, simply delete the Spam.

Sending an email to multiple recipients: If you have followed the guidelines of email etiquette and have formatted an email with a joke to send to your friends, there is one more thing to remember. Most recipients would prefer to not have their email displayed in the "To:" column of the email along with the multiple recipients of your email. That broadcasts their email to everyone who receives the email. Using the "BCC:" function (Blind Carbon Copy) of your email program prevents that from happening while still sharing your email with everyone. Copy all of the recipient's emails into the "BCC:" column. If the email program requires that you have at least one email address in the "To:" column, type in your own email address. That way you send one copy to yourself, which you can easily delete while still preserving the privacy of your email recipients.

Sending attachments: With all the viruses, Trojan horses and worms infecting millions of computers, some companies and people no longer open attachments. As a rule, I never open any emails that contain executable attachments. It is always much better to direct the recipient of the email with a hyperlink to the page containing the download of the program rather than emailing it. However, attaching a picture into an email is still considered acceptable. Maintaining up to date virus scanners (like Norton Antivirus) will catch any infected attachments or emails.

Following these commonsense email etiquette guidelines will make for much happier email users *and* recipients.

Installing Love

Tech Support: Yes Ma'am... how can I help you?

Customer: Well, after much consideration, I've decided to install Love. Can you guide me through the process?

Tech Support: Yes. I can help you. Are you ready to proceed?

Customer: Well, I'm not very technical, but I think I'm ready. What do I do first?

Tech Support: The first step is to open your Heart. Have you located your Heart ma'am?

Customer: Yes, but there are several other programs running now. Is it okay to install Love while they are running?

Tech Support: What programs are running ma'am?

Customer: Let's see, I have Past/Hurt, Low Self-Esteem, Grudge and Resentment running right now.

Tech Support: No problem, Love will gradually erase "Past/Hurt" from your current operating system. It may remain in your permanent memory, but it will no longer disrupt other programs. Love will eventually override "Low Self-Esteem" with a module of it's own called High Self-Esteem. However, you have to completely turn off "Grudge and Resentment". Those programs prevent Love from being properly installed. Can you turn those off ma'am?

Customer: I don't know how to turn them off. Can you tell me how?

Tech Support: With pleasure. Go to your start menu and invoke Forgiveness. Do this as many times as necessary until "Grudge and Resentment" has completely erased.

Customer: Okay, done! Love has started installing itself. Is that normal?

Tech Support: Yes, but remember that you have only the base program. You need to begin connecting to other Hearts in order to get the upgrades.

Customer: Oops! I have an error message already. It says, "..Error - program does not run on external components.." What should I do?

Tech Support: Don't worry ma'am. It means that the Love program is set up to run on Internal Hearts, but has not yet been run on your Heart. In non-technical terms, it simply means you have to Love yourself before you can Love others..

Customer: So, what should I do? **Tech Support:** Can you pull down Self-Acceptance; then click on the following files: Forgive-Yourself; Realize Your Worth; and Acknowledge your Limitations.

Customer: Okay, done.

Tech Support: Now, copy them to the "My Heart" directory. The system will overwrite any conflicting files and begin patching faulty programming. Also, you need to delete "Verbose Self-Criticism" from all directories and empty your Recycle Bin to make sure it is completely gone and never comes back.

Customer: Got it. Hey!!! My heart is filling up with new files. Smile is playing on my monitor and Peace and Contentment are copying themselves all over My Heart. Is this normal?

Tech Support: Sometimes. For others it takes awhile, but eventually everything gets it at the proper time. So Love is installed and running! One more thing before we hang up. Love is Freeware. Be sure to give it and its various modules to everyone you meet. They will in turn share it with others and return some cool modules back to you.

Customer: I promise to do just that. By the way, what's your name?

Tech Support: Just call me the Divine Cardiologist, also known as the Great Physician, or, just "I AM". Most people feel all they need is an annual checkup to stay heart-healthy; but, the manufacturer suggests a daily maintenance schedule for maximum Love efficiency. Remember, Love is wherever you are... Go forth with Love.

[Author unknown]

Have You Made a Will Yet?

by Noleen Naude

The reason I ask this, is because approximately 58% of people who live in the US of A do *not* have a written will. If you think you only need to prepare a will in case you die, then think again! If there is one thing for sure that is definitely going to happen, it is that we are someday all going to die. You do not need a lawyer to make a will. There are many software packages available at any electronics or software retailers. The software walks you through all the procedures, step-by-step. All that is left for you to do is to print out your new will and have it notarized which then makes it legally binding. File it in a safe place, but for goodness sake, don't lock it in a safety deposit box and then hide the key!! Tell someone where it is so that they know where to find it should anything untoward hap-



pen to you. There are about \$4 BILLION in assets (in this country) that have never been claimed, because the people to whom it was left don't even know about their inheritances. Do you know that you have the right to file your Will at the Court House in your county? By doing this, it becomes public record and then, is indisputable. And don't forget to complete a LIVING WILL. A living will addresses the question of whether you should or shouldn't be kept alive with the assistance of machines, or to be resuscitated against your will. Write it down, in black and white, preferably in English, what your preferences are. If you complete your Will in Afrikaans, it will first have to be translated into English before it can be regarded as valid in this country. And believe me, this can be a costly and exasperating experience. The act of creating a Will is a great kindness to your relatives and loved ones especially since it gives them a clear understanding of what your wishes are.

A grade one teacher collected some well-known proverbs and gave each child in her class the first half of the proverb and asked the children to complete them.

- Better to be safe than... *punch a grade 7 boy.*
- Strike while the... *insect is close.*
- It's always darkest before... *Daylight Saving Time.*
- Never underestimate the power of... *ants.*
- You can lead a horse to water but... *how?*
- Don't bite the hand that... *looks dirty.*
- No news is... *impossible.*
- A miss is as good as a... *Mr.*
- You can't teach an old dog new... *maths.*



- If you lie down with dogs, you'll... *stink in the morning.*
- An idle mind is... *the best way to relax.*
- Where there's smoke there's... *pollution.*
- Happy the bride who... *gets all the presents.*
- A penny saved is... *not much.*
- Two's company, three's... *the Musketeers.*
- Don't put off till tomorrow what... *you put on to go to bed.*
- Laugh and the whole world laughs with you, cry and... *you have to blow your nose.*
- There are none so blind as... *Stevie Wonder.*
- Children should be seen and not... *smacked or grounded.*
- If at first you don't succeed... *get new batteries.*
- When the blind leadeth the blind... *get out of the way.*

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Neil F. Lewis, P.A. Immigration Attorney

505 E. Jackson Street, Suite 213 • Tampa • www.neilflewis.com

The hiring of a lawyer is an important decision that should not be based solely upon advertisements. Before you decide ask the lawyer to send you free written information about their qualifications and experience.

Green Card Lottery Goes ONLINE!

With immediate effect, the BCIS (former INS) will no longer accept written applications for the Green Card Lottery. There are specific guidelines that must be adhered to, some of which are listed below. Visit the BCIS website www.dvlottery.state.gov to download all of the rules and requirements

Procedures For Submitting An Entry To Dv-2005

- All entries by an applicant will be disqualified if more than ONE entry for the applicant is received, regardless of who submitted the entry. Applicants may prepare and submit their own entries, or have someone submit the entry for them.

- The Department of State (DoS) will only accept completed Electronic Diversity Visa Entry Forms submitted electronically at <http://www.dvlottery.state.gov> during the 60 day registration period beginning November 1, 2003.

- The DoS will send DV lottery entrants an electronic confirmation notice upon receipt of a completed EDV Entry Form.

- Paper entries will not be accepted.

- The entry will be disqualified if all required photos are not submitted. Recent photographs of the applicant and his/her spouse and each child under 21 years of age, including all natural children as well as all legally-adopted and stepchildren, excepting a child who is already a U.S. citizen or a Legal Permanent Resident, even if a child no longer resides with the applicant or is not intended to immigrate under the DV program, must be submitted electronically with the Electronic Diversity Visa Entry Form. Group or family photos will not be accepted; there must be a separate photo for each family member.

Each applicant, his/her spouse, and each child will therefore need a computer file containing his/her digital photo (image) which will be submitted on-line with the EDV Entry Form. The image file can be produced either by taking a new digital photograph or by scanning a photographic print with a digital scanner.

If the submitted digital images do not conform to the following specifications, the system will automatically reject the EDV Entry Form and notify the sender.

- The image must be in the Joint Photographic Experts Group (JPEG) format.

- The image must be either in color or grayscale; monochrome images (2-bit color depth) will not be accepted.

- If a new digital photograph is taken, it must have a resolution of 320 pixels wide by 240 pixels high, and a color depth of either 24-bit color, 8-bit color, or 8-bit grayscale.

- If a photographic print is scanned, the print must be 2 inches by 2 inches (50mm x 50mm) square. It must be scanned at a resolution of 150 dots per inch (dpi) and with a color depth of either 24-bit color, 8-bit color, or 8-bit grayscale.

- The maximum image size accepted will be 62,500 bytes.

If the submitted digital images do not conform to the following specifications, the entry will be disqualified:

- Applicant must be directly facing the camera; the head of the person being photographed should not be tilted up, down or to the

side, and should cover about 50% of the area of the photo.

- The photo should be taken with the person in front of a neutral, light-colored background.

- Photos in which the face of the person being photographed is not in focus will not be accepted.

- Sunglasses or other paraphernalia which detracts from the face will not be accepted.

- Head coverings or hats are only acceptable due to religious beliefs, and may not obscure any portion of the face. Photos of military, airline or other personnel wearing hats will not be accepted.

THE ENTRY

There is only one way to enter the DV-2005 lottery. Applicants must submit an Electronic Diversity Visa Entry Form (EDV Entry Form), which is accessible only at <http://www.dvlottery.state.gov>. Failure to complete the form in its entirety will disqualify the applicant's entry. Applicants will be asked to submit the following information on the EDV Entry Form: full name; date of birth; gender; city/town of birth; country of birth; applicant photograph; mailing address; phone number (optional); e-mail address (optional); country of eligibility if the applicant's native country is different from country of birth; marriage status; number of children unmarried and under 21; spouse information; children information.

This excerpt was taken direct from the BCIS website. Be sure to visit www.dvlottery.state.gov and print out the complete instructions



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And Here's One for The Guys!

RULES. We always hear "the rules" from the female side. Now here are the rules from the male side. (Finally!!) So these are OUR rules! Please note... these are all numbered "1" ON PURPOSE!

1. Learn to work the toilet seat. You're a big girl. If it's up, put it down. You can handle it. We need it up, you need it down. You don't hear us complaining about you leaving it down.

1. Sunday = sports. It's like the full moon. Let it be.

1. Crying is blackmail.

1. Ask for what you want. Let us be clear on this one. Subtle hints do not work! Strong hints do not work! Obvious hints do not work! Just say it!

1. Yes and No are perfectly acceptable answers to almost every question.

1. Come to us with a problem only if you want help solving it. That's what we do. Sympathy is what your girlfriends are for.

1. A headache that lasts for 17 months is a problem. See a doctor.

1. Anything we said 6 months ago is inadmissible in an argument. In fact, all comments become null and void after 7 days.

1. If you think you're fat, you probably are. Don't ask us.

1. If something we said can be interpreted two ways, and one of the ways makes you sad or angry, we meant the other one.

1. You can either ask us to do something or tell us how you want it done. Not both. If you already know best how to do it, just do it yourself.

1. Whenever possible, please say whatever you have to say during commercials.

1. Christopher Columbus did not need directions, and neither do we.

1. ALL men see in only 16 colors, like Windows default settings. Peach, for example, is a fruit, not a color. Pumpkin is also a fruit. We have no idea what mauve is.

1. If it itches, it will be scratched. We do that.

1. If we ask what is wrong and you say "nothing," we will act like nothing's wrong. We know you are lying, but it is just not worth the hassle.

1. If you ask a question you don't want an answer to, expect an answer you don't want to hear.

1. Don't ask us what we're thinking about unless you are prepared to discuss such topics as baseball, the shotgun formation, or monster trucks.

1. You have enough clothes.

1. You have too many shoes.

1. I am in shape. ROUND is a shape.

Thank you for reading this; Yes, I know, I have to sleep on the couch tonight, but did you know men really don't mind that, it's like camping.

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South Africa We Love You....

Just the other day a guy got fined R1,000 by the TV license inspector for not having a license. Then another guy got out on bail for R500 after being arrested for murder!

Moral of the story:

If you do not have a TV license, and the inspector comes round, KILL him! You can save R500!

Why Did The Chicken Cross The Road?

GEORGE BUSH: "The chicken is either with us or with them. If it's on that side then it will be destroyed."

MARTIN LUTHER KING: "I have a dream where all chickens will be free to cross the roads without having their motives called into question."

JAN F E CELLIERS: "Dis die hoender, dis die pad, dis al."

EUGÉNE TERREBLANCHE: "Die hoender is die Afrikanervolk se erfenis. So ook die pad. En niemand moet dit waag om ons daarvan te beroof nie."

NATANIËL: "Ek was vreeslik op my nerves vir sy part tot hy anderkant gekom het. Ek dink dit was stunning!"

NAAS BOTHA: "Aan die einde van die dag maak dit nie saak hoeveel keer hy oor die straat is nie. Wat saak maak, is die telbord."

NELSON MANDELA: "It was his long walk to freedom. A true Rainbow chicken"

ALLAN BOESAK: "How can the motives of a chicken who had done so much for chickenhood be questioned? It must have "struggled" to cross the road."

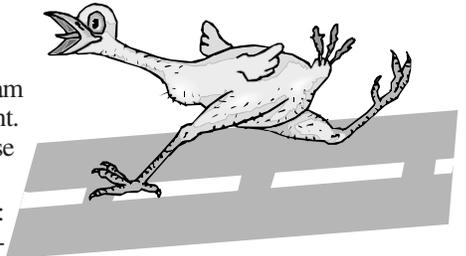
DULLAH OMAR: "I am sure the chicken is innocent. He did what he did because of the apartheid legacy."

NCONDE BALFOUR: "The government will ensure that a fair quota of black chickens cross the road as well. Why should black chickens remain on this side of the road? I only watch black chickens crossing the road anyway..."

TREVOR MANUEL: "Makes me think: We don't tax chickens crossing roads yet..."

DESMOND TUTU: "Weeeee should have crossed the road with him. Together weeeee will make a difference."

ROBERT MUGABE: "Stop that chicken.! It must be repossessed together with the farm it belongs to. And the farm opposite the road where it was going to. And all the chickens on both farms. Repossess it all. And it's nobody's business what I do in my Zimbabwe!"



Ever Wondered?

- Who was the first person to look at a cow and say, "I think I'll squeeze these dangly things here, and drink whatever comes out?"
- Who was the first person to say "See that chicken there... I'm gonna eat the next thing that comes outta it's butt."
 - Can a hearse carrying a corpse drive in the carpool lane?
 - If quizzes are quizzical, what are tests?
- If electricity comes from electrons, does morality come from morons?
 - Is Disney World the only people trap operated by mouse?
 - Did you ever notice that when you blow in a dog's face, he gets mad at you, but when you take him on a car ride, he sticks his head out the window?

The fruit seller walks up to the car and says:
 "Perske, Perske. Lekker perske. "Net vyf rand vir die laanie."
 The guy in the car says: "Is hulle soet?"
 The fruit seller says: "Ja meneer, kyk hoe stil sit hulle!"

ZIMBABWE:

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wipe your button 72 of them

and get \$280 change.



Spell Check This

Aoccdrnig to a rscheearch at Cmabrigde Uinervtisy, it deosn't mtttaer in waht oredr the ltteers in a wrod are, the olny iprmoetnt tihng is taht the frist and lsat ltteer be at the rghit pclae. The rset can be a total mse and you can siltl raed it wouthit porbelm. Tihis is bcuseae the human mnid deos not raed ervey lterer by istlef, but the wrod as a wlohe.

Feraknig amzanig, huh?

SA Business

The Minister of Public Works, wanted to rebuild his office, so he invited different contractors for tenders. The first one was from Johannesburg City Centre, the second one from Durban and the last one from Soweto.

Minister: *OK gentlemen, nice job I want. Let us hear from Jhb.*

The guy took out his tools, started measuring, marking, calculating. Then he said R90,000.

Minister: *Why R90,000, Sir?*

Jhb Guy: You see, R40,000 for all the material, R40,000 for my guys and R10,000 for my profit.

Minister: *OK. Durban?*

This guy also took some measurements, calculations and said R70,000.

Minister: *Why R70,000?*

Durban Guy: R30,000 for me, R30,000 for materials and R10,000 for my profit.

Minister: *Now Soweto give us yours.*

The Soweto guy started smiling, looking at her eyes and said R270,000.

Minister: *Yoh Yoh Yoh! How did you come to that amount without even taking your measurements? What is that amount for?*

The Soweto guy said: You see R100,000 for me & R100,000 for you.

Minister: *What about the R70,000?*

Soweto Guy: We hire that guy from Durban to do the job!

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* "Africa on Call" prepaid phone cards will be provided to new reservations received on or after October 1, 2003 AND for all previously reserved tickets issued on or after October 15, 2003. Ticketed passengers receive one (1) 2-hour prepaid phone card through our "Africa on Call" program as follows. Single ticket purchasers receive one two-hour prepaid phone card. Husband and wife or companion traveler (if over 21 years of age) each receive one (1) two-hour prepaid phone card. Husband and wife plus any number of children traveling together on the same reservation, receive a maximum of two (2) two-hour prepaid phone cards. Children under 21 years of age do not qualify for this program. Call Karell Travel for all terms and conditions governing this value-added offer. ** RESTRICTIONS APPLY! Call our office for complete rules.

South African Immigrants

by Sharon Bond

Recently, I came across a website created by Robin J. Elliott, a South African who emigrated to Canada with his wife and family in 1996. Robin has written several books, all available at his website and in PDF format. He is also a motivational speaker, and entrepreneur par excellence.

One of Robin's books, *The Official South African Emigration Handbook*, is most useful for new and old immigrants alike. It was written specifically for those leaving SA and those who have already left. It will tell you how to cope and prosper in your new home, whether you left ten years ago, or are only leaving in two years' time. This handbook can make all the difference to your future success.

According to Robin, the main goal of immigrating, really, is to do better in the second part of your life, than you did in the first. Being satisfied with mere survival is for socialists and losers. As Otto von Bismark said, "The main thing is to make history, not to write it." South African immigrants are strong, optimistic, independent, fearless and entrepreneurial. And if they're not, they shouldn't emigrate. I no longer try and influence people to emigrate from South Africa.

Andrew Carnegie said, "There is no use whatever trying to help people who do not help themselves. You cannot push anyone up a ladder unless he be willing to climb himself."

South African immigrants who make it, make it big. The number of SA success stories is magnificent when you compare the statistics of other countries, given the small population we come from. Successful people know that it takes a while to reorient one-

self in a new country and find out "Who's who in the zoo", as it were. Along the way, we'll make a few mistakes, but we bounce back, stronger and more determined than ever. "Our greatest glory consists not in never failing, but in rising every time we fall", said Oliver Goldsmith.

Living with an Eagle Attitude, a collection of writings, is another one of Robin's books. This thought-provoking and inspiring book is available for you to download free of charge by simply subscribing to his weekly e-zine newsletter. Visit www.dollarmakers.com and download this great little gift, also available in PDF format.

And finally, if you own your own business, or if you're just getting started, check out *How to Start Your Own Business with No Money and no Risk*." These principles work anywhere in the world.

For contacts, opportunities or advice, e-mail Robin at robin@dollarmakers.com. Robin J. Elliott was included in the *International Who's Who of Entrepreneurs* on July 16th, 2002.

Florida Life After 70

A couple, both 78, went to a sex therapist's office in Winter Haven, Florida. The doctor asked, "What can I do for you?" The man said, "Well Doc, I'd like you to watch us. You know...watch us while we're busy."

The doctor looked puzzled, but agreed. When the couple had finished, the doctor said, "There's nothing wrong with the way you do it," and charged them \$50.

This happened several weeks in a row. The couple would make an appointment, do their thing, with no problems, pay the doctor, then leave.

Finally the doctor asked, "Just exactly what are you trying to find out?"

The old man said, "We're not trying to find out anything. She's married and we can't go to her house. I'm married and we can't go to my house. The Holiday Inn charges \$90. The Hilton charges \$140. We do it here for \$50 and I get \$43 back from Medicare.

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A Few Guide Lines

For those of you who haven't been to Philippe Park, here is a map for directions on how to get there.

Look for Shelter #2.

You can also visit our website at www.braainews.com where you will find a link to Mapquest. They will have more comprehensive directions.

Please remember to bring your own food, cozzies (bathing suits) and drinks – and remember the Florida Parks law is no alcohol allowed.

There will be koeksusters, biltong, melktert, and of course Britans will be there with all kinds of South African goodies that you can stock up on.

A donation of \$5 per person over 18 years of age goes towards paying for this newsletter, the postcards, the stamps, the rent of the bakkie (for the coal, chairs, etc.) the charcoal, the tables, the paper, the telephone calls, the post box, the name tags, the pens, and so on.

Thank you for your support, and see you at the braai!

Tweetalige Diens

from page 1

Comments such as “Ek is so bly om the Word to hoer in ons eie taal” and “That was a refreshing message,” could be heard throughout the evening. The service was conducted in both English and Afrikaans. These sections will be rotated each month. (Just like the old SABC/SAUK days, remember?)

If you know of anyone, or perhaps even you, who can play the organ or piano and would like to share that talent with us, for one hour a month, please contact Anton at (727) 799-4602.

A special Christmas service is scheduled for Sunday, December 21st, at 4pm. We're planning to have Christmas dinner followed by a candlelight service. Please bring a \$5 wrapped gift, and a covered dish.

We most fortunate as a community to have a such a nice variety of events that take place on a regular basis. Be sure to come on over and enjoy this time with us. Remember, the services begin at 5pm and take place on the 2nd Sunday of each month. Since they are specifically non-denominational, people from all walks of faith (and even non-faith) are welcome to attend.

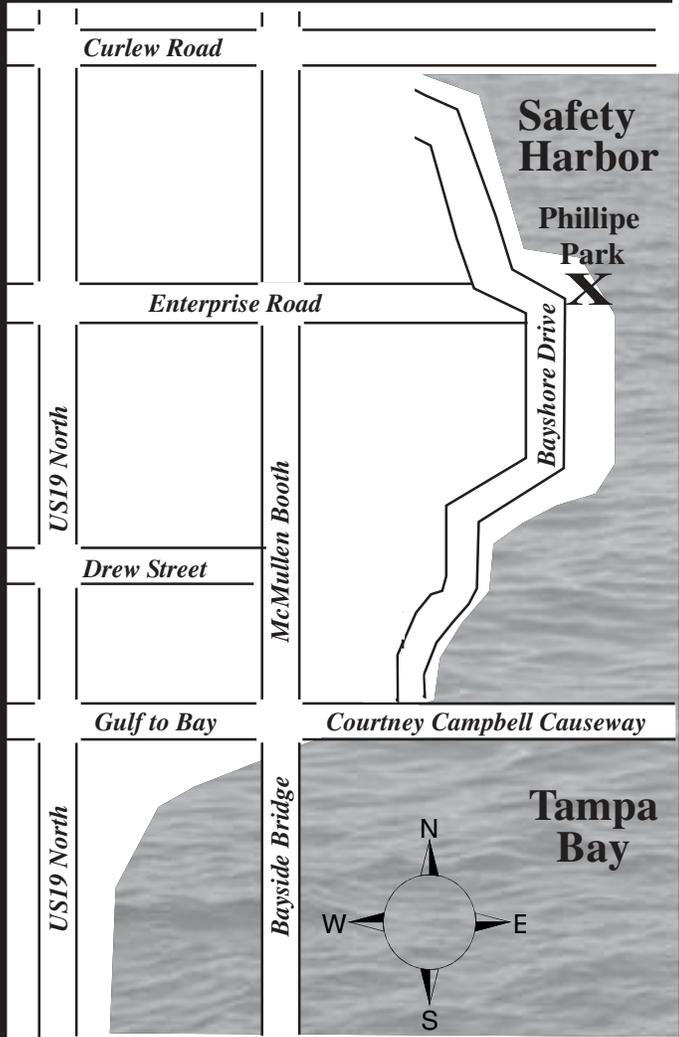
If you would like to be reminded via email about the church services, ladies coffee evenings and braais, please let me know. I have set up a Yahoo Group, called SouthAfricansUSA. Send an email to southafricancommunity@yahoo.com or zebra@ozline.net You will then receive an invitation to join the group, to which you must respond within 7 days. After that, you will be reminded via email one week and then two days before the Church events, and two weeks and then again three days before the Braais. Reminders will be sent to the coffee evening ladies a week or so before the event.

Be sure to visit this site. It has a calendar of events, photos page, message boards and a chat room, for those who would like to communicate with other South Africans. It is in everyone's interest to develop and grow this online group, so please send us photos and other news about what's going on. Who knows, we may even attract someone to our little neck of the woods. See you all at the braai.

The **Lutheran Church** in Tampa has created a program to help people with **Immigration Issues**.
(813) 877-9303
We understand their prices are very reasonable, but it can be difficult getting hold of them.

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WE SHIP WORLDWIDE

Men's Get Together

by Sharon Bond

The ladies coffee evenings have always been a roaring success. Put 30 or 40 women or so in the same room, with just 1 thing in common, and believe me, they'll have the time of their lives. And here, I speak from experience!

However, the subject of the men getting together is one that has been raised several times over the years. And as yet, remains in the spoken sense. I'm sure you guys would like to get together over a pint, or a rugby match or *God forbid*, a cup of coffee, LOL!

How about it if you all put your names down at the next Braai on October 26th, and perhaps we can get something going? We will have a sign-up sheet at the front table, and if any one of you guys would like to take a leadership role in organizing this, please let me know. We can make use of the Yahoo Group that I have set up, to help get the word out. Send me an e-mail at zebra@ozline.net, or call (727) 502-0867.

Calling All Singles!

Would you like to get together with other single South Africans 30 years and over for occasional outings?

Ann Taylor is inviting people to contact her if you'd like to go to a movie, show or other happening in the Tampa Bay area. You can call her at (813) 994-7079, or email QueenAnnT@aol.com

Today...

I wish you a day of ordinary miracles

A fresh cup of coffee you didn't have to make yourself.

An unexpected phone call from an old friend.

Green stoplights on your way to work or the shop.

I wish you a day of little things to rejoice in...

The fastest line at the grocery store.

A good sing-along song on the radio.

Your keys right where you look.

I wish you a day of happiness and perfection – little bite-size pieces of perfection that give you the funny feeling that God is smiling on you, holding you so gently because you are someone special and rare.

I wish you a day of Peace, Happiness and Joy!



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Who Advertise in Braai News.

By doing so, you will be supporting our own South African community and this newsletter. The advertisers make much of this possible and it is a combined and concerted effort that brings this great little paper to you.

Thank you all for your ongoing support.

Date	Game #	Match	City	Venue	Local Time
Sat 11 Oct	5	<u>South Africa v Uruguay</u>	Perth	<u>Subiaco Oval</u>	20.00
Sun 12th Oct	8	<u>England v Georgia</u>	Perth	<u>Subiaco Oval</u>	20.00
Wed 15th Oct	12	<u>Samoa v Uruguay</u>	Perth	<u>Subiaco Oval</u>	20.00
Sat 18th Oct	16	<u>South Africa v England</u>	Perth	<u>Subiaco Oval</u>	20.00
Sun 19th Oct	19	<u>Georgia v Samoa</u>	Perth	<u>Subiaco Oval</u>	20.00
Fri 24th Oct	25	<u>South Africa v Georgia</u>	Sydney	<u>Aussie Stadium</u>	20.00
Sun 26th Oct	30	<u>England v Samoa</u>	Melbourne	<u>Telstra Dome</u>	18.30
Tue 28th Oct	32	<u>Georgia v Uruguay</u>	Sydney	<u>Aussie Stadium</u>	19.30
Sat 1st Nov	37	<u>South Africa v Samoa</u>	Brisbane	<u>Suncorp Stadium</u>	17.30
Sun 2nd Nov	39	<u>England v Uruguay</u>	Brisbane	<u>Suncorp Stadium</u>	17.30

SPRINGBOK TEAM	
Werner Greeff	
Ashwin Willemse	
Jorrie Muller	
Gcobani Bobo	
Thinus Delport	
Louis Koen	
Joost van der Westhuizen	
Juan Smith	
Joe van Niekerk,	
Corne Krige (capt)	
Victor Matfield	
Selborne Boome	
Richard Bands	
John Smit	
Christo Bezuidenhout	
Replacements: Dale Santon, Lawrence Sephaka, Faan Rautenbach, Schalk Burger, Hendro Scholtz, Neil de Kock, Derick Hougaard, De Wet Barry, Jaque Fourie.	

South African Sports Trivia – part one

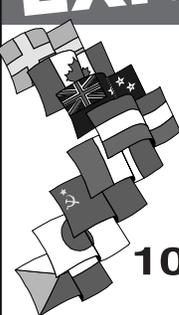
Springbok flyhalf **Jannie de Beer** holds the world record for most dropped goals in a Test match. Playing against England in the quarter-finals of the World Cup in October 1999, De Beer kicked five dropped goals, all in the second-half, as South Africa won 44-21. De Beer scored 34 points.

Graeme Pollock's Test batting average of 60.97 is the second highest in history, the highest ever by a left hander, and he is one of only four batsmen to average over 60 in a Test career.

Geoff Griffin is the only South African to take a hat-trick in Test cricket. He achieved the feat against England at Lords on 23 June 1960. Later in the match he was no-balled for throwing, one of only 11 players to suffer that fate! It proved to be the final Test of his career.

Among bowlers that played 20 or more Tests, South African off-spinner **Hugh Tayfield** is the most economical bowler in history, conceding only 1.64 runs per over.

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18-30 yrs	£ 243.00	£ 303.00	£ 486.00
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(Sweet Potatoes Slow-cooked in Butter, Brown Sugar and Cinnamon)

Sweet potatoes, skinned, and thick-sliced
 1 C. brown sugar, divided
 2 or 4 cinnamon sticks, divided
 4 T. butter or margarine, divided
 Salt, to taste

In a heavy bottomed pot (cast iron Dutch oven) layer half the butter, sweet potato slices, sugar, salt and cinnamon sticks. Start again with the butter and do layer for layer until done. Do not add any water at all. Place the lid on the pot and put on the stove over a low heat for about 2 1/2 hours.

You can also bake this with the same results.
 This will keep for two days in the refrigerator.

**RECIPE CORNER...TANNI LISE'S
 PUMKIN FRITTERS**

- | | |
|---------------------|-------------------|
| 250gm boiled pumkin | 1-2 Eggs |
| 120gm Cake flour | 7ml baking powder |
| 15ml sugar | 1ml cinnamon |
| 5ml lemon juice | pinch of salt |

METHOD

- 1) Beat eggs and mix in cooked pumkin.
- 2) Add rest of the ingredients and mix thoroughly.
- 3) Mixture should not be too stiff.
- 4) Add spoonful of mixture to some heated oil and shallow fry on both sides.
- 5) Drain on kitchen paper before placing in a dish.
- 6) Sprinkle with cinnamon sugar and serve.



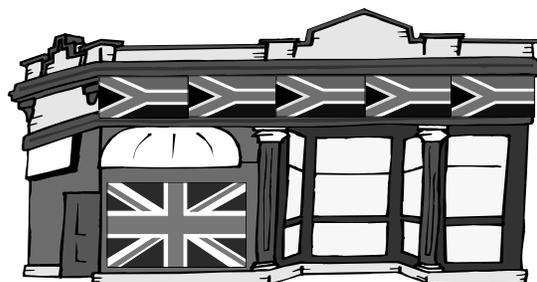
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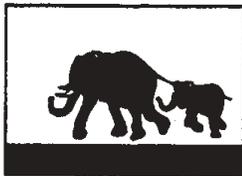
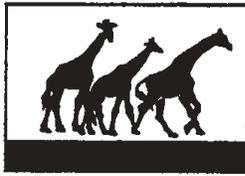
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Note from Noleen

from page 1

human beings. If we took the time to make that phone call we keep thinking we should. Or if we made the time to stop and enquire about how someone is doing, what a difference it could make to that persons life. Oh yes, and how about a smile? My son Nico said to me once, that he had read that if you see someone without a smile, give them yours! What a good idea.

And talking of good ideas, we decided recently to have a **DESERT TABLE** at our next braai. I was thinking, if the moms/ladies each brought a dessert, we could place them all on one table and after you have had your lunch, we could have some dessert. It is a way for us to congregate around a table and not only enjoy the 'pudding', but also get to chatting to people that we normally would not have had the chance to speak to. Lets give it a try. It might be a way of getting to know each other better. So ladies, bring that special tart or pudding along, we'll even give you a nametag to stick on to your dish, so that we know who brought them. Lets talk and get to know each other better! Isn't that what the braai's are all about?

And to end, I'd like to share a poem that was written by Mother Theresa and is engraved on the wall of her 'Home for Children' in Calcutta:

People are often unreasonable, illogical and self-centered:

Forgive them, anyway.

If you are kind, people may accuse you of selfish, ulterior motives;

Be kind, anyway.

If you are successful, you will win some false friends and some true enemies;

Succeed, anyway.

If you are honest and frank, people may cheat you;

Be honest and frank, anyway.

What you spend years building, someone could destroy overnight;

Build, anyway

If you find serenity and happiness, they may be jealous;

Be happy, anyway.

Give the world your best and it may never be enough;

Give the world your best, anyway.

You see, in the final analysis, it is between you and God;

It was never between you and them, anyway.

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People become really quite remarkable when they start thinking that they can do things. When they believe in themselves they have the first secret of success. – *Norman Vincent Peale*

Everyone wants to ride with you in the limo, but what you need is someone who will take the bus with you when the limo breaks down. – *Oprah Winfrey*

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