

October 2002  
Vol 6 #2

# BRAAI NEWS

#1 Newsletter for the South African Community of Tampa Bay

## Jo'burg and Rand Mining in the Mojave Desert?



Being defeated is a temporary condition. Giving up is what makes it permanent!

### WHAT'S UP IN THIS ISSUE

Community News  
Page 2

Big Events  
Page 3

Ecosafe Driving  
Page 4

Storm In A Teacup  
Page 5

Techno Chat  
with Dr. Phil  
Page 7

Survivor Women  
Page 9

Lighter Side  
Pages 10 & 11

Directions and Map  
to The Braai  
Page 14

MMMM...  
Lick your chops  
Page 18

Classifieds  
Page 19

Well, we've seen Pretoria make the front page of *Braai News*, now it

Jo'burg's turn. Remember when Cary Schoeman sent us photos of Pretoria in Georgia? Well, as if that wasn't cool enough, Martin and Mari went to see the Sequoia trees in California and got diverted when they saw a sign to Johannesburg. They were driving through the Mojave Desert, of all places, when up popped this sign. "Johannesburg – population 300!" But, that's not all. Do you know that there was a mining area in the Mojave, called **Rand Mining**, of all things

According to Mari "Nothing in town was open, nothing! We drove through the houses, very poor looking most of them, we saw the mailman on a bicycle, a boy of about



Above: This bakkie was parked on the corner of Oom Paul and Johannesburg Streets  
Right: Johannesburg – population 300



16, we should have stopped him and asked some questions, but didn't. We drove on to Randsburg Imile further, or rather back, and there was a General Store open as well as a bar. We

went inside and sat at the counter. We were the only people in the store besides the woman serving from behind the counter. *continued on page 15*

## A Tribute To Hencia -- One Special Lady

Though greatly saddened by the sudden passing of Hencia Cockayne on July 15th, friends and family also recall the blessing it was to know this very unique, loving and feisty woman who was always full of laughter and appreciation of life. Today, that collective memory stands as a monument to a life lived in pursuit of truth and true meaning.

Born May 15th 1932 in Kimberly, Hencia was a vital and loving member of our community. A thoughtful, nurturing woman, Hencia took great pleasure in gardening and possessed a keen understanding of nature and natural forms of healing and well being. Many of us will also remem-



ber her as the "greeter lady" at the Braais. Hencia, as you will recall, always sat at the "gate", collecting the Braai contributions and giving you all your nametags.

Hencia Untiedt came to America on January 1<sup>st</sup> 1986. In 1991, she married Tom Cockayne. That union ended in 1998, when Tom passed away. Hencia gained her American citizenship on September 7<sup>th</sup> 2000.

The proud mother of one son, Andre, Hencia's fatal heart attack came during a visit with him at his home in California. There is some comfort in knowing that her final moments were spent with her beloved

*continued on page 2*

Check Us Out on The Web  
[www.braainews.com](http://www.braainews.com)

# An Update from Noleen

Hello All,

Since so many of you have been asking how I'm doing, here it is...

It is an amazing journey that I have been on for the last six months. As you can well imagine my life has taken a 360-degree turn and yet, having said that, I'm actually doing okay. When I get asked the question of how I am doing, my standard reply has been "I'm hanging". But truthfully, I have a very different understanding of death to what I had six months ago. I don't somehow find it that scary anymore, very final, very painful, but not so scary.

I joined a bereavement group in August, organized by Hospice for widows and widowers who are still working. I had no idea what to expect, but decided that perhaps, I could learn something from such a group. I remember driving to the first class and thinking the thought 'what positive thing could possibly come out of this'? And doubting very much that there could be. Well, once again, I was proved wrong. I met a group of people who are all in the same boat as myself, only I had two losses to their one, but still, we bonded as friends and began to help each other with support, listening, and caring for each other. I met some of the most amazing people. The classes lasted for seven weeks and long af-

ter they ended we are still meeting and supporting each other. We get together socially and go on 'field trips' together. It has been an amazing journey down a path I would never have imagined I would be traveling at this time of my life.

The support and caring I have received from our group of South Africans, has been tremendous, amazing and truly unbelievable. My sons have been there for me each and every time I have said I need help. Sharon Bond, even with everything going on in her life, has remained a rock for me. Eunice and Brian, Marie and Martin, Mardi and Werner, Beatrice, Petro, Anton and Henza, my nephew André, my dear friend Jill and her husband George, my list goes on and on of all the people who have continued to call and be there when I needed them so much.



**Hencia Cockayne,**  
*citizen of the United States.*

Thank you all from the bottom of my heart.

## See you at the Braai Sunday, October 27th, at 10am.

**Phillipe Park, Safety Harbor, Shelter # 2**

Come on out for a day of fun, lekker gesels, and catch up with gossip. Bring your coolers, chock-a-block with non-alcoholic drinks, snacks, meat to braai, cutlery, plates and so on. The fires will be started at 11am. The donation of \$5 per adult over 18 remains the same, to cover expenses. Please remember to look out for the new folk and be sure to introduce yourselves. They will have a green dot on their name tags and could be friends that you just haven't met yet. *See you there!*

*Noleen*  
*Organizer*

## Hey Single South Africans!

Would you like to get together with others single South Africans 30 years and over for occasional get-togethers?

Ann Taylor is inviting people to contact her for outings to movies, shows and happenings in the Tampa Bay area. You can call her at (813) 994-7079, or email QueenAnnT@aol.com

## Rhodesians Worldwide

**Florida Branch, Braai**

**Date:** Sunday, Oct. 27th. from 10 a.m.

**Location:** Chisolm Park on East Lake Tohopekaliga, St Cloud area.

**For further details contact:**

Kate Binge at Kt52@aol.com, or call Debbie & Greg Alvord 727-789-2986, Deborah.Alvord@verizon.net

## Sarasota, Venice or Bradenton

Anyone in these areas interested in joining a group of ex S. Africans who meet socially every couple of weeks, please call Bernice at (941) 378-4763.

## Hencia

*from page 1*

son. She died in his arms.

In addition to her son Andre, Hencia is survived by a granddaughter Tashania, grandson Taron, and a sister, Noleen (Naude). This was the 2nd major loss in the Naude family in recent months. Hencia passed away just three months after the death of JJ Naude, husband of Noleen and father of Nico, Philip and Chris.

Though we all mourn her passing, we can rejoice in the knowledge that Hencia lived life to the fullest. We are all better off for having known her. "Hencia, we do miss you!"

*Sharon*  
*Editor*

*I live for those who love me, for those who know me true;  
For the heaven that smiles above me, and awaits my spirit too.  
For the cause that lacks assistance, for the wrong that needs resistance,  
For the future in the distance, and the good that I can do.*

*— G. L. Banks*

## PLEASE SUPPORT THE ADVERTISERS

### Who Advertise in Braai News.

By doing so, you will be supporting the South African community here in the United States, as well as our newsletter. The advertisers make this possible and it is a combined and concerted effort that brings this great little paper to you.

*Thank you all for your onging support,*  
*Sharon*

## Engagements

**Chris Naude**, son of **Noleen Naude** and the late **JJ Naude** got engaged recently to **Kim DiBiano**. **Kim** hails from New Jersey, and has 2 delightful children, **Sean** and **Kayla**. **Chris** has three brothers, 2 in the USA and 1 in SA, and **Kim** has one brother in West Palm Beach. We wish you all of the best for now and always. **Chris** and **Kim** will be married on March 1st, 2003.

**Tony and Jackie Albasini's** daughter **Candice Albasini**, got engaged recently to **Jose Gonzalez**. This happy couple will be married on November 16th, 2002.

**Tony and Jackie's** combined families consist of 6 daughters. Congratulations **Candice** and **Jose**, we wish you everything of the best and a life filled with love and happiness.

## Get Well Soon

To **Anton deWet**, Minister, we wish you a speedy and healthy recovery from your recent triple bypass operation. We hope that you regain your full strength back again real soon.

## Citizenships

**Anton and Henza de Wet** recently gained their US citizenship. Congratulations and, keep up the good work.

## Condolences

Our heartfelt condolences go out to **Henza** on the recent loss of her mom. Our thoughts and prayers are with you.

*May your neighbors respect you,*

*Trouble neglect you,*

*The angels protect you,*

*And heaven accept you.*

## Braai Starts at 10am

### Kids Events

12 noon **Halloween** contest for the kids with Mari.

12:30 *piñata*. for the kids with Vance.

### Adult Events

**Hula Hoop Contest** – time TBA

**Drawing for lucky tickets**

starts at 2pm.

*Be there for a chance to win some great prizes, eg South African wine, movie tickets and more.*



# The Italian Charm Bracelet



**Owen J. Sweet Design**

**16701 Gulf Boulevard, North Redington Beach**

**OhSoSweet.com**

727.392.6936 

# Ecosafe Driving with a Built-in Tax Incentive

Vance and Wynne were driving down Dale Mabry in Tampa one day, when a nifty little car arrived next to them at the traffic light. Out of curiosity, they asked what the mileage was like, and the guy said "Oh about 77 miles to the gallon" Sheerly shocked, the two of them looked at each other and then asked what type of car it is, to which the feller replied "It's a Honda stick-shift Hybrid."

Well that was enough to get our candescent drivers attention, and motor off in pursuit of more information. Their findings led them to a Honda dealership and then onto a Toyota dealership. They eventually settled on a Prius Hybrid, from Toyota where the base price is around \$19,995. With optional equipment and delivery you'd be looking at \$22,960, and with extra optionals such as a CD player, paint protection, theft deterrents, GPS, etc, a mere \$24,087.

These new hybrids that are out on the market now, do not have a plug to recharge their batteries. Rather than that, the motor charges the battery (which is guaranteed for 8 years) and they switch from gasoline to battery all by themselves. A clever car, nogal! Vance and Wynne get between 44 and 60mpg in the city and 38 to 52mpg on the highway.

Now for the best part! Do you know that you can get a tax credit for driving one of these little suckers? Yep! \$1,500 in the first year, \$1000 in the second, and \$500 in the third!

How about that! Lekker ry, guys!

Right: Vance's "Primus" as he fondly calls it. The Prius Hybrid is powered by both fuel and battery.



Below and right: The kinda change that won't even buy you a floor mat for the car.... 50 Gatvoli; 10 Fokoli and 20 Bokeroli. I guess that's just about all it's worth these days!



**Dallas PIES**

PIES ON THE RUN

## South-African Meat Pies

- Steak & Onion
- Pepper Steak
- Chili Steak
- Chicken
- Cajun Chicken
- Ham & Cheese
- Vegetable & Cheese
- Pepperoni & Cheese
- Sausage Roll
- Cornish Pasty
- Curry Lamb *(pre-order)*

**Only \$ 1.50 each**

Mix and Match a Dozen as you like

Buy baked or frozen pies

We will ship frozen pies

**Only \$ 15.00 per dozen**

We will be at the Braai !!!

Order Frozen Pies for delivery at the Braai!!!

**Free**

One Meat Pie of Choice with your visit to our shop

One Coupon per Customer

Expires 30 Nov 2002

**\$ 5 OFF**

Any Purchase of \$35 or more

One Coupon per Customer

Expires 30 Nov 2002

**Business Hours**

Mon-Fri 9-7

Sat 9-5

Sun Closed

NOW SERVING : GRAVY AND MASH !!!!

**4538 West Village Drive**

**Tampa, Fl (813) 908 5504**

Anything Fresher is Still in the Oven

Veterans Express Way

Ehrlich Rd	Bears Ave
W Village Dr	N. Dale Mabry
S Village Dr	Fletcher Ave
Gunn Highway	

1275 N

## Storm In A Teacup

A controversy is brewing in the United States over the use of the name "rooibos." An American firm, Burke International, says it acquired a trademark giving it exclusive rights to use the word "rooibos" and to import the tea into the U.S. As many are aware, rooibos is just a generic name for the plant (*Aspalanthus linearis*) which is unique to Western Cape.

Rooibos growers are making the point that this name is a national asset which could by law not be registered by an individual or company. They have called on the government to halt its export to the United States.

"The word rooibos is as South African as the words biltong, braaivleis and rugby," according to John Mann, a representative of rooibos farmers in Wuppertal.

Burke CEO, Virginia Burke Watkins, has said that the name was registered as a trademark here in the U.S. by a South African writer in 1994. It was then transferred to her Dallas, Texas, based firm in 2001.

Burke is insisting that the import of the tea to the US is in direct conflict with its trademark. It has threatened to block imports by other companies. "They can call it Blue Tea, *Aspalanthus Linearis* or anything else. I don't care, as long as it is not rooibos," Watkins was quoted as saying.

The indigenous Khoi Khoi and San people discovered and began using the caffeine-free rooibos hundreds of years ago. Rooibos has gained tremendous popularity on world markets. It has become as popular as the South African wines, on the international market. Of all the South African tea exports to the United States which are worth approximately R160-million, rooibos alone is worth R120-million.

About 40 percent of the rooibos region's produce is exported to Germany which together with Japan forms the fastest growing foreign markets for rooibos.

## Oxford English Dictionary Publishes S.A. Version

OED has launched a brand new dictionary. This time, a South African dictionary that accommodates many words, that have not been included anywhere else up until now.

Words such as *femina*, *globe* (meaning 'light-bulb'), and *packet* (in the sense 'shopping-bag') appear. The Second Edition also includes many better-known South African borrowings such as *Boer*, *bobotie*, *donga*, *indaba*, *frikkadell*, *muti*, *padkos*, *trek*, and *veld*. Also among the new entries included are several South African terms which illustrate the lexicographical headaches caused by the interaction between English and the many African languages of South Africa.

For instance *mfecane*, a Xhosa word used by historians for the dispersal of northern Nguni peoples during the early 19th century, has a parallel term from Sesotho, *Difaqane*, which is used almost as frequently. *Difaqane* is represented in S.A. with the initial *D*, but in neighboring Lesotho with the initial *L* - both being pronounced as 'd'! Both words include click sounds - the *c* in *Mfecane* representing the dental click in Xhosa (English for 'tsk tsk!'), and the *q* in *Difaqane* the click, reminiscent of a popping cork. The third is the lateral click, represented by *x* (as in *Xhosa*), and like the English sound used to encourage a horse.

Because African languages use many prefixes, for plurals and word class some words have to appear in several places. One of them is *Mfengu*, the name of a Xhosa people from the Eastern Cape. This term is also listed as *Fingo* (the English spelling) and *AmaMfengu* (the plural form). Confused by the plural prefix, English speakers in the past wrote about the 'AmaFeng', 'Mfengu', and 'Phengoes', using the *Ama-* prefix, and the English plural interchangeably or in combination!. Borrowed words are often a problem in this way, and therefore describing their use in the *OED* has been complicated.

I guess these guys have had their work cut out for them, huh?

# BRITAN'S

Offering a Full Range of British Groceries



We Serve  
Afternoon Tea!

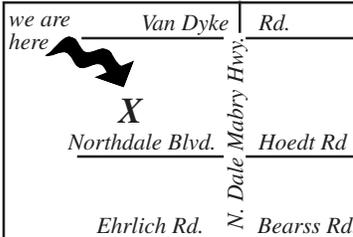


3861 Northdale Boulevard,  
Tampa, FL 33624

Call or fax your requests to  
**(813) 968-5373**

### Store Hours

SUN-THURS 12:00-9:30PM  
FRI & SAT 12:00-10:00PM



## STORE AND MAIL ORDER SALES

### SOUTH AFRICAN GOODIES

Anchovette Paste • Marmite • Mrs Balls Chutney • Cartwrights Curry  
Malta Bella • Pro Nutro • Nutty Crust Biscuits • Boudoir Biscuits  
Tennis Biscuits • Romany Creams • Lemon Creams • Ultramel Custard  
5 Roses Tea • Rooibos Tea • Peppermint Crisp • Turkish Delight • Fig Jam  
Plus more... visit our website [www.britans.com](http://www.britans.com)

# WE WILL BE AT THE BRAAI

## South Africa to Florida... We Have The Best of Both Worlds!



**\$500<sup>00</sup>**  
*GIFT*  
*Certificate*  
*with each deal*

As a fellow South African living in Florida, I understand what it takes to settle in to a new country.

As a licensed Broker/ Realtor, I can introduce you to different programs that will enable you to **qualify** with easy **financing to purchase property in Florida**. I have fantastic loan packages available for non-residential buyers. We have owner financing @ **6%** interest rates, **fixed 30 year assumable** mortgages, with **only \$1,000 down**.

We named our company after the marriage of the **TRANS**vaal and **FLOR**ida...

**TRANSFLOR REALTY** is perfect for helping you:

- Sell your home or business
- Buy your next or **FIRST** home of your own
- Purchase Investment Property where *the renter pays the mortgage payments for you!*

## **So you don't have a credit history yet???**

**I can get you started building (or repairing) your credit,  
so you can qualify to get a home NOW!**

*Brando Pistorius*, Owner/ Broker

*Transflor Realty*

6331 Memorial Hwy., Tampa, Florida 33615

(813) 880-9580 office \* (813) 880-8360 fax \* (813) 917-9205 cell

[www.transflor.net](http://www.transflor.net) \* [brando@transflor.net](mailto:brando@transflor.net)

## Find What You're Looking For

by Phil Naudé.

The cornerstone to surfing the internet is without a doubt the search engine. A search engine is quite simply a large database that stores the location of many millions of web pages. Search engines send out "bots" (small pieces of software) searching and cataloging web sites and their content. This information is then stored with the search engine's database.

To query a Search Engine it is fairly straightforward and simple. Type in the keywords you wish to find and click search. Unfortunately however this is where most people give up. Sometimes a search can return thousands of pages as a result. It would take many hours to wade through the avalanche of returns to find what you may be looking for.

### Murphy's Laws On Computing

1. When computing, whatever happens, behave as though you meant it to happen.
2. When you get to the point where you really understand your computer, it's probably obsolete.
3. The first place to look for information is in the section of the manual where you least expect to find it.
4. When the going gets tough, upgrade.
5. For every action, there is an equal and opposite malfunction.
6. To err is human . . . to blame your computer for your mistakes is even more human, it is downright natural.
7. He who laughs last probably made a back-up.
8. If at first you do not succeed, blame your computer.
9. A complex system that does not work is invariably found to have evolved from a simpler system that worked just fine.
10. The #1 cause of computer problems is computer solutions.
11. A computer program will always do what you tell it to do, but rarely what you want to do.

### A New Take on Some Old Familiar Sayings

1. Home is where you hang your @
2. The e-mail of the species is more deadly than the mail.
3. A journey of a thousand sites begins with a single click.
4. You can't teach a new mouse old clicks.
5. Speak softly and carry a cellular phone.
6. C:\ is the root of all directories.
7. Don't put all your hypes in one home page.
8. Pentium wise; pen and paper foolish.
9. The modem is the message.
10. Too many clicks spoil the browse.
11. The geek shall inherit the earth.
12. A chat has nine lives.
13. Don't byte off more than you can view.
14. Fax is stranger than fiction.
15. What boots up must come down.
16. Windows will never cease.
17. In Gates we trust.
18. A user and his leisure time are soon parted.
19. There's no place like <http://www.home.com>
20. Oh, what a tangled web we weave when first we practice.
21. Speed thrills.
22. Give a man a fish and you feed him for a day; teach him to use the Net and he won't bother you for weeks.

Thankfully there is a simpler way, or more to the point, a better Search Engine. I am talking about Google ([www.google.com](http://www.google.com)). Despite the funny name, Google is by far one of the best search engines available today. Unlike some Search engines that place the listings of sponsors ahead of the results you may be looking for, Google lists results with the pages that have the most links pointing to it. Let's say you are looking for the vacuum tubing diagram for a 1974 Corvette. Google will check to see how many links are pointing to the page with the keywords entered. In short if a large amount of other web sites have a link referring to the page with your keywords you entered, it will be listed first.

Google is of the contention that if many people are referencing to a page that matches your keywords, then it must be close to what you are looking for. From its success, it would seem they are correct.

If you have a more specific search in mind, let's say you are looking for a specific page or reference on a web site, Google will allow you to search a specific site. Click on "Advanced Search" and enter the name of the web site you wish to search, for example, [Microsoft.com](http://Microsoft.com). Then add the keywords like "Windows 98" or "Internet Explorer 6". Google will then only search [Microsoft.com](http://Microsoft.com) for the keywords you typed in.

Good Hunting!

Contact Philip at [caddbert@yahoo.com](mailto:caddbert@yahoo.com) with your computer-related questions and issues.

CHECK OUR NEW WEBSITE LOCATION

[www.braainews.com](http://www.braainews.com)



**1-800-BILTONG**  
**Beef Biltong & BOEREWORS**

**JUS LYK BILLIES FROM THE KORNER KAFE**

**WWW.800BILTONG.COM**

If you are ready to order  
**The BEST Biltong and Boerewors,**  
we are the people to call.

You can go online at [www.800Biltong.com](http://www.800Biltong.com)  
or call Toll-Free at 1-800Biltong  
(800-245-8664)

**PREMIER TRAVEL & TOURS**

217 South 20th Street • Philadelphia, PA 19103

Tel: 215-893-9966

Fax: 215-893-0357

Top Producer Award to  
South Africa for over 10 years

Internet: <http://premiertours.com>

E-Mail: [info@premiertours.com](mailto:info@premiertours.com)

**1-800-545-1910**

**Lowest Fares to  
South Africa**

**Including Free Cell Phone Use  
Free Incoming Calls**

**With the purchase of an airline ticket to  
South Africa Through  
Premier Travel & Tours  
PLUS**

**Invitation into the  
Premier Club Lounge  
on Departure**

***LIMITED OFFER***

**Call Premier Tours for Land Arrangements and Tour Packages.**

***Experience Counts!***

**We have 25 years in the industry selling Africa.**

***Prompt efficient and courteous service guaranteed! Ask for Carmella or Margo.***

**Certain rules apply • Fares subject to change • Taxes extra • April 2002**

## Boo's Story...

A small group of women gathered recently in celebration of Boo's birthday.



### About "IT"

I call it "IT" because when I first got "IT" I could not say the word and I still don't like to say it.

I have been fighting "IT" since 1990, April 1st, and I am winning! I had my first operations in 1990 and was put on Tamoxafin for five years.

In 1996 it was discovered that I had lymphatic leukemia. It causes me no pain. It just lurks there and prevents me from getting two new knees. So I guess it is "a pain in the neck." Anyway, I get around – *you bet I do!* Golf, lawn bowling, fishing, swimming, bicycling. So I can't complain. I just "do it" – as they say.

Last year more tumors were found, so more operations. I felt so well. That's the sinister side of "IT." It has taken me a year to recover, but I must say my golf swing has improved greatly. They always did get in the way! So that is my consolation prize.

However, I'm back on Tamoxafin for another 5 years. I hate the side effects, but, really, it is not too much to put up with and I just feel very lucky to still be around.

But I do a lot on my own to fight the darn thing. I feel that I have to do everything that I can to beat "IT", and I will. I eat a plate of raw vegetables, sometimes 10 different ones, twice a day. I juice vegetables too. I make vegetable soup every 2nd day and have that twice a day. Yes, I practically live on vegetables! But I do have fish once a day. Any old fish! No meat unless it's in people's homes or when I eat out occasionally. Then I am like a kid out of school and eat all the wrong things and have a whale of a time. Also no dairy products since they help grow tumors (and "IT"). No tea or coffee. I love plain old water. Hot or cold. I also eat a lot of tofu and lots of fruits and nuts.

Here are tips for getting rid of "IT." Skin scrubbing, from top to toe every day as toxins come out of the skin. No nail polish, ladies as the toxins then cannot escape. I miss it, but what the heck! The other thing is deep breathing, as "IT" hates fresh air. Think of a musty fusty attack and open the windows wide so that fusty musty stuff goes out. Its the same with "IT".

### And here's from Vana...

These past few months have reminded me of how I felt when I was in my early 20's. I've had **no** migraines! I had actually forgotten what it felt like to go a whole day without my head pounding. Since the removal of the tumor, I still get headaches, but you know, just a regular painkiller can care take of in minutes. So, all in all everything has turned out great.

I call it a "blessing in disguise" since everyday has now become normal pace for me. I don't have to spend every 2nd day spent in bed anymore. I am very grateful for that. I want to thank my parents for helping me *so very much* and also for taking care of my children, taking them to school, and looking after them. Also a *big thank you* to my boetie for all the hospital visits and a *groot dankie* to my husband for being there for me, and keeping life going and normal, well normal for us anyway :))))

I had the last of the "current" follow-up appointments with my neuro surgeon and had an MRI. All is clear and he is very happy. I don't have to see him for another year now, when he will again for monitor the situation. I've had wonderful support from the South African group. It was unexpected and a great surprise...*thank you all!*

Some of that goes too when you breathe deeply once a day – even if it is only a small gain its worth doing.

Yes, I'm fighting "IT" all the time and I think I'm far more likely to depart this world bungee jumping!

I do feel that I know a lot about helping myself to fight the Big C, so if there is anyone who would like to phone me or come to my apartment for lunch or dinner I'll be happy to share some of my concoctions including hot or cold water (what a choice!) I will try to answer any questions about what I do. But I know that everyone is different and so many kinds of "IT" too. But I feel that all I am doing is very positive and at least I feel I'm doing something about it. And as I said, I'm winning. **Yes I am.** I feel great even though I was 68 last month! (You believe that, don't you?)

### Noleen

*I wrote this note to my sister Hencia two months before she died.*

May 1, 2002

To my Dearest Sister,

I wonder sometimes how I am ever going to thank you enough for simply being my sistertjie. You have always helped me with sorting out confusions, questions and mysteries that I needed help with. Always there for me. Man I sure know how to choose my people! *Thank you sister.*

How very blessed and honored I am to have you as part of my life. *Thank you sister.*

When no one else was around, you were. You have always given generously of yourself, which is so much more valuable than any material object or thing. *Thank you sister.*

Your support and thoughtfulness, your kind words, and your compassion is what makes you so very special. *Thank you sister.*

I wish with all my heart that there were words that I could say that would express how grateful and honored I am to have you as my friend. *Thank you sister.*

I love you sistertjie,

**and Sharon**

Noleen

I have completed all the treatments, my hair is growing again, and I'm happy to be here! I want to thank the South African community who stood by me, helped me, supported me emotionally, physically and even financially. You know who you are! **Thank you again and again.** I am *most* grateful.

**Braai News would like to hear about your stories too. Let us know how you are doing. Perhaps you have an interesting story that you would like to share with others. Please call (727) 502-0867, email us at zebra@ozline.net or talk to Sharon or Noleen at the Braai. See you there...**

# The Lighter Side



www.karell.com  
e-mail: res@karell.com

**Karell Travel**  
**1-800-327-0373**

ph: 305-446-7766  
fax: 305-446-8553  
814 Ponce de Leon Blvd. Suite 203  
Coral Gables, FL 33134

FROM  
DEC. 1, 2002

**7 DAYS A WEEK FROM  
THE BIG APPLE TO  
SOUTH AFRICA!**

Now you can fly on  
**South African Airways**  
**DAILY from NEW YORK**  
**to SOUTH AFRICA.**

**There's STILL time to  
book your holiday flights.  
But time is running out  
so call today!**

**We take you directly on South African Airways**  
*Free FedEx (based on saver delivery service) No Credit Card Surcharges*

*Ask about our AVIS "Fly Drive" Program - Great Rates!*

## The Blondest Joke of The Year

A man was in his front yard mowing grass when his attractive blond female neighbor came out of the house and went straight to the mailbox.

She opened it then slammed it shut and stormed back in the house. A little later she came out of her house again went to the mailbox and again opened it, slammed it shut again. Angrily, back into the house she went. As the man was getting ready to edge the lawn, here she came out again, marched to the mailbox, opened it and then slammed it closed harder than ever. Puzzled by her actions the man asked her, "Is something wrong?" To which she replied,

"There certainly is!"

Are you ready? ... this is a beauty

"My stupid computer keeps saying: "You've got mail."



*Oh really?*

*More of those strange, African, road signs...*



*Think they're trying to make a point?!!!*

### Gotta Headache?

If you have a lot of tension and you get a headache, do what it says on the aspirin bottle: "Take two aspirin and keep away from children."

## Overheard Recently in a Chinese Restaurant A True Story

I was having dinner one evening with some of my dear American friends, who were discussing various language differences, in particular South African and American. Deborah, in her effort to describe some of these differences, asked Bonnie if she knew the difference between a stiffy and a floppy. Bonnie kinda blushed and flushed and said, I can only imagine... Well, said Deborah, "it's about 2 1/2 inches."

I nearly fell off my chair, I laughed so hard.



**The Long Awaited....  
Round Tuit**

*Finally, here it is. Your very own, personal round tuit. I know how many of you have been wanting one for so long now. You've been talking about it for ages ... yes you!!! So, no more excuses.... live that dream, get that chore done, make it all happen. Now, you can just get on with it. Happy catching up!*

*Aaah! At last - the mysteries of the woman's mind has been dissected and understood correctly. To all of the men in our lives - take note of this advice, it will help you understand us a bit better. But, remember this...it's not ALL true, but it's pretty close. You figure it out. Enjoy!*

## The Woman's Dictionary

**1. Fine** – This is the word women use at the end of any argument when they feel they are right but can't stand to hear you argue any longer. It means that you should shut up. Incidentally, never use the word "fine" to describe how she looks. It will lead to one of the arguments mentioned above.

**2. Five minutes** – These words actually mean half an hour. It is the equivalent to the five minutes that your football game is going to last before you take out the rubbish, so women feel that it's an even trade.

**3. Nothing** – The word "nothing" means something and you should be on your guard immediately on hearing it uttered. It is usually used to describe the feeling a woman has of wanting to turn you inside out, upside down, and backwards. "Nothing" is signal for an argument that will last "five minutes" and end with the word "fine".

**4. Go Ahead (Raised eyebrow)** – Said in conjunction with raised eyebrows, it actually means the opposite. The words "go ahead" are not permission to do something; on the contrary it's a dare! If you mistake it for permission, the result will be the woman will get upset over "nothing" and you'll have a "five-minute" discussion that will end with the word "fine."

**5. Go Ahead (Normal eyebrow)** – Said in conjunction with normal eyebrows, it should not be confused with the granting of permission either. It means, "I give up" or "do what you want because I don't care". It is normally preceded by a few seconds a raised eyebrow and the words "go ahead", followed by "nothing" and "fine". She will speak to you again in about "five minutes" when she cools off.

**6. Loud Sigh** – This is not actually a word, but it is an important form of communication between a man and woman. It is also very

frequently misunderstood by men. A "loud sigh" means she thinks you are a complete idiot and wonders why she is wasting her time standing here and arguing with you over "nothing"!

**7. Soft Sigh** – Again, not a word, but a statement. "Soft sighs" are one of the few things that some men actually understand. It means she is momentarily content. Your best bet is to not move or breathe in the hope that the moment will last a bit longer.

**8. Oh** – This word - followed by any statement - heralds big trouble. For example, "Oh, I spoke to him about what you were up to last night." If she says "Oh" before a statement, just run - do not walk. She will tell you that she is "fine" when she is done tossing your clothes out the window, but do not expect her to talk to you for at least two days.

**9. That's Okay** This is one of the most dangerous statements that a woman can say to a man. "That's okay" means that she wants to think long and hard before deciding what the penalty will be for whatever you have done. "That's okay" is often used in conjunction with the word "fine" and a raised eyebrow "Go ahead". Don't be fooled, once she has had time to plan it out, you're in for some mighty big trouble.

**10. Please Do** – This is not a statement, it is an offer. The woman is giving you the chance to come up with an excuse for what you have done. In other words, a chance to get yourself into even more trouble. If you handle this correctly, you shouldn't get a "That's okay."

**11. Thanks** – The woman is thanking you. Don't faint and don't look for hidden meaning. Just say "you're welcome".

**12. Thanks A Lot** – "Thanks a lot" is dramatically different from "thanks". A woman will say "thanks a lot" then she is really ticked off at you. It is usually followed by the "loud sigh". This signifies that you have hurt her in some way. Be careful not to ask what is wrong after the "loud sigh," as she will only tell you "nothing".



\*\*\*\*\* **NEW** \*\*\*\*\*



Pies, Samoosas, Sausage Rolls, *now available!*

\*\*\*African Print Fabrics

\*\*\*Ina Paarman Sauces



**We Always Stock:**



- Nando's Sauces
- Rooibos Tea, Five Roses, Joko
- Mrs. Balls Chutney, Burchells sauces
- Superb Boerewors, Biltong, Droewors
- Curried & Pickled Fish
- & your favorite groceries
- All the popular SA chocolates
- Ouma Rusks, Bakers, Pyotts range of biscuits
- Castle, Lion, Windhoek, Savanna
- Selection of South African Wines



*Established over 8 Years*

**eAfrican Hut**

Wholesale Enquiries Welcome  
We ship anywhere!

31674 S.Coast Hwy.  
S. Laguna, CA 92677  
P.O.Box 84,  
Dana Point, CA 92651

Tel: 949-499-7842 • Fax: 949-831-2974  
or Toll Free:

**1-888-323-3889**

On-line ordering:  
<http://www.africanhut.com>

**REPUTED  
FOR GOOD  
SERVICE**



# Immigration Questions?

## (813) 226-2144

### **VISAS**

- Temporary Professional (H-1B)
  - Treaty Investor (E-2)
  - Treaty Trader (E-1)
- Intra-Company Transfer (L-1)
  - N.A.F.T.A. (TN)

### **REMOVAL/DEPORTATION**

- Case Review
  - Defense
- Motions to Reopen
- Appeals to the Board of
  - Immigration Appeals

### **GREEN CARDS**

- Through Family Petition
- Through Employer Petition
- Through Diversity Lottery
- Extreme Hardship Waivers

### **POLITICAL ASYLUM**

- Application through I.N.S.
  - Application in front of the Immigration Court

### **CITIZENSHIP**

- Derivative and Individual



Same day/next day  
filing available  
for certain  
applications/petitions

**se habla español**

# Neil F. Lewis, P.A. Immigration Attorney

505 E. Jackson Street, Suite 210 • Tampa • [www.neilflewis.com](http://www.neilflewis.com)

*The hiring of a lawyer is an important decision that should not be based solely upon advertisements.  
Before you decide ask the lawyer to send you free written information about their qualifications and experience.*

## Win a Green Card

Every year, the US Department of State allocates 50 000 US Green Cards to Qualifying Applicants from around the world. This is known as the Diversity Immigrant Visa Lottery (which is more commonly referred to as the 'Green Card Lottery'). This Lottery was created by the US Congress to allow applicants from low-immigration countries to legally live, work and study in the USA as permanent US residents. This can be the easiest and most inexpensive means of getting a US Green Card and even citizenship to the USA!

The following is an excerpt from the official website:

### THE ENTRY

There is no specific format for the entry. Simply use a plain sheet of paper and type or clearly print in **English** the following information. **Failure to provide all of this information will disqualify the applicant's entry.**

**1. FULL NAME**, with the last (surname) name underlined  
EXAMPLES: Public, Sara Jane (or) Van der Merwe, Jannie

**2. DATE AND PLACE OF BIRTH**

Date: Day, Month, Year,

EXAMPLE: 15 November 1961

Place: City/Town, District/County/Province, Country

EXAMPLE: Cape Town, Cape Province, South Africa.

**3. THE APPLICANT'S NATIVE COUNTRY IF DIFFERENT FROM COUNTRY OF BIRTH** If the applicant is claiming nativity in a country other than his/her place of birth, this must be clearly indicated on the entry. This information must match with what is put on the upper left corner of the entry envelope. If an applicant is claiming nativity through spouse or parent, please indicate this on the entry.

**4. NAME, DATE AND PLACE OF BIRTH OF THE APPLICANT'S SPOUSE AND ALL NATURAL CHILDREN, AS WELL AS ALL LEGALLY-ADOPTED AND STEPCHILDREN, WHO ARE UNMARRIED AND UNDER THE AGE OF 21 YEARS, EXCEPTING THOSE CHILDREN WHO ARE ALREADY U.S. CITIZENS OR LEGAL PERMANENT**

### Definition of a Braai

Braai-ing is the only type of cooking a "real" man will do. When a man volunteers to do such cooking, the following chain of events is put into motion. **1.** The woman goes to the store. **2.** The woman fixes the salad, vegetables and dessert. **3.** The woman prepares the meat for cooking, places it on a tray along with the necessary cooking utensils, and takes it to the man, who is lounging beside the grill, drinking a beer. **4.** The man places the meat on the grill. **5.** The woman goes inside to set the table and check the vegetables. **6.** The woman comes out to tell the man that the meat is burning. **7.** The man takes the meat off the grill and hands it to the woman. **8.** The woman prepares the plates and brings them to the table. **9.** After eating, the woman clears the table and does the dishes. **10.** The man asks the woman how she enjoyed "her night off". And, upon seeing her annoyed reaction, concludes that there's just no pleasing some women. HAPPY BRAAI-ING!!

**RESIDENTS, EVEN IF YOU ARE NO LONGER LEGALLY MARRIED TO THE CHILD'S PARENT, AND EVEN IF THE CHILD DOES NOT CURRENTLY RESIDE WITH YOU AND/OR WILL NOT IMMIGRATE WITH YOU. Note that married children and children 21 years or older will not qualify for the Diversity Visa. Failure to list all children will result in your disqualification for the visa.**

**5. FULL MAILING ADDRESS**

This must be clear and complete, because any future mailings will be sent there. A telephone number and e-mail address is optional, but useful.

**6. PHOTOGRAPH.** Attach recent photographs of the applicant, the applicant's spouse, and all children. Print the name and date of birth of each family member on the back of each photograph. **Failure to submit required photos for all family members will result in disqualification**

**7. SIGNATURE.** The applicant must personally sign the entry as it would appear on his or her passport or other official or contractual obligations. **Failure to personally sign the entry will disqualify the application**

**MAILING THE ENTRY**

Under the annual DV program, the world is divided into six regions, and each region has a separate address. The DV entry for South Africa is:

**Africa:**

DV Program,  
Kentucky Consular Center,  
1001 Visa Crest,  
Migrate, KY 41901-1000, U.S.A.



Visit the official website for the Green Card Lottery

Download the information to your computer and/or print it out. It is FREE. But, be sure to comply *exactly* with their requirements, or consult an immigration attorney to help make sure it's correct. The website is :

<http://travel.state.gov/DV2004.html>

### What Frying Pans Were Really Meant For

This bloke is sitting reading his newspaper when his wife sneaks up behind him and whacks him on the head with a frying pan.

"What was that for?" he says.

"That was for the piece of paper in your trouser pockets with the name Mary-Ellen written on it," she replies.

"Don't be stupid," he explains, "two weeks ago when I went to the races, Mary-Ellen was the name of one of the horses I bet on."

She seems satisfied and at this apologises, and goes off to potter around the house.

Three days later he's again sitting in his chair reading when she nails him with an even bigger frying pan, knocking him out cold.

When he comes around, he says, what the heck was that for?!"

"Your %#@\*&% horse phoned."

**homes-for-sale-list  
.com**

It's

**FREE**

Go online or call  
**(813) 966-1674**  
for the latest listings  
in your area

**Marius Smook**  
EQUITYMAX REALTY

## Holistic Chiropractic

**A Natural Way to Better Health**

*Working to Improve The Quality of Your Life!*



*Dr. Kim Rohr*

- Family Care
- Personal Injury
- Workman's Compensation
- Massage Therapy
- Physiotherapy on site

**(727) 736-3961**

443 Grant Street, Dunedin, Florida

## A Few Guide Lines

For those of you who haven't been to Philippe Park, here is a map for directions on how to get there.

### Look for Shelter #2.

You can also visit our website at [www.braainews.com](http://www.braainews.com) where you will find a links to Mapquest. They will have more comprehensive directions.

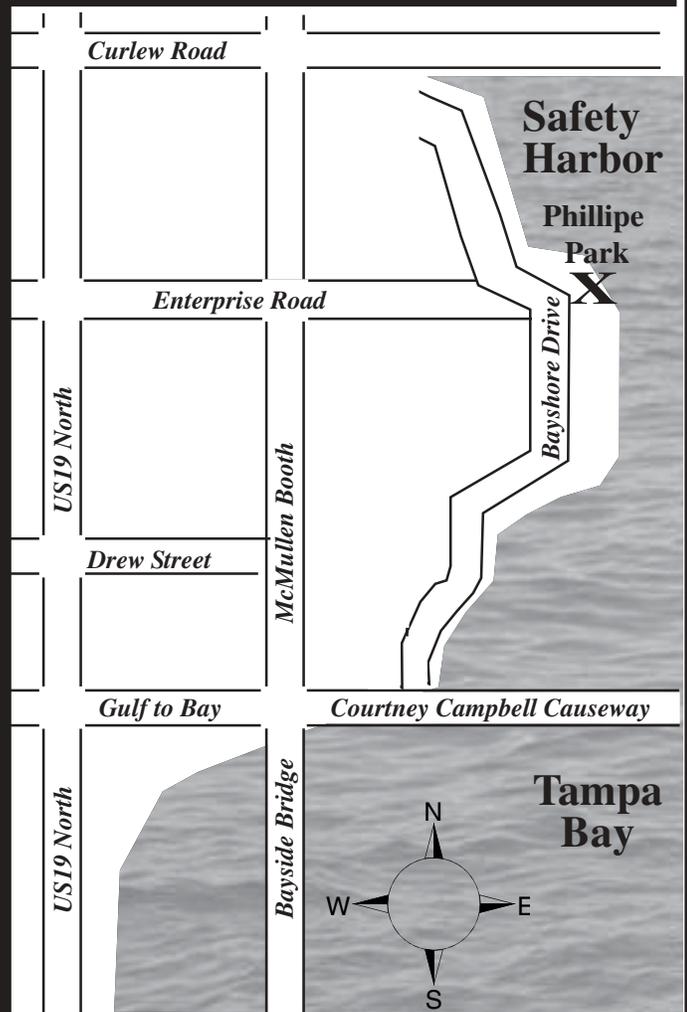
Please remember to bring your own food, cozzies (bathing suits) and drinks – and remember the Florida Parks law is no alcohol allowed.

There will be koeksusters, melktert, biltong, pies, and of course Britans will be there with all kinds of South African goodies that you can stock up on.

A donation of \$5 per person over 18 years of age goes towards paying for this newsletter, the postcards, the stamps, the rent of the bakkie (for the coal, chairs, etc.etc.) the charcoal, the paper, the telephone calls, the post box, the name tags, the pens, and so on.

Thank you for your support, and see you at the braai!

## GETTING TO PHILLIPE PARK



## Jo'burg *from page 1*

counter. She said the special was tri-tip steak sandwich, which took her two days to cook, so we ordered it with fries. I asked for coffee since they had no fruit juices, Martin had a coke. The food was not bad, the coffee was undrinkable it was so strong. I asked for a toilet and she said it was up the road 50yds. I proceeded up the road during the intense midday heat, and it was uphill, past a few stores that were all closed except for the bar ( I thought this might be the toilet, but I was informed it was only for customers of which there were none) I went further to a little park and there was a toilet, surprisingly clean! Everything in the General store was dusty on the shelves. One local came in before we left, had something to drink and then left again. The lady behind the counter told us she had moved there to get away from the big cities. I asked if she had a job when she came and she said no, but she had heard about a guy who was going to buy the store and that he needed a reliable person to run the place. She told us that she is there all day, every day, and it has now become her life.



## THE RAND MINING DISTRICT Incredible Gold Strike of 1895 Creates Millionaires Overnight!

The Rand Mining District has had its share of strikes: gold, silver, and tungsten have made lucky ones rich and kept others trying. Today the district has three living towns: Randsburg, Johannesburg, and Red Mountain plus several surrounding ghost towns which are privately owned. Located in the High Mojave Desert, we are about 63 miles northwest of Barstow and about 37 miles northeast of Mojave. We're easily accessible for a day's adventure and can be reached from either Hwy 395 or off of Highway 14 after Mojave.

Randsburg's history began April 25, 1895, when three prospectors hit gold ore and staked their claim. The mine was originally named The Rand after Witwatersrand, a gold-producing district in South Africa. The settlement that formed around the fabulously rich claim was first known as Rand Camp and then Randsburg. By 1898, there were over 50 working gold claims in the immediate area. The name of the original claim was changed to the Yellow Aster after the title of an English novel an owner was reading at the time.

Randsburg had over 300 buildings in 1896- less than two years after the original claim. It has since been decimated by fire, especially during the early years. At the turn of the century, it boasted a population of more than 3,500 persons. Today the

combined population of the entire Rand Mining District - three towns - is about 425 persons. We have two active churches, two post offices, a fire department and a school for grades one through three.

The Yellow Aster mine was incredibly rich. By 1900, over three million worth of gold (at early 1900s values!) were taken from it. Closed for many years, it reopened in '84 with modern mining methods. It is said that 100,000 ounces are produced annually by leach process.

Learn about boom days and see local mineral samples at our museum. Visit our old jail and then drive up Burma Road (behind Butte) for a view of the whole town.

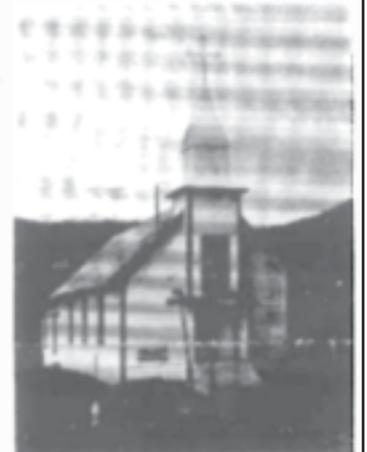
On the other side of the hill, the residential community of Johannesburg sprang up. It was the only planned community in the area and at one time boasted an eight hole golf course around it. At the top of town, on Sunset Ave., the historic old cemetery dates from the area's inception and is still in use. An interesting and quick way to reach Johannesburg is by following Butte out of town and taking the Johannesburg Road turnoff a ways down on your left.

Visit the once notorious town of Red Mountain where wine, women, and song



The Rand Mining District has seen its share of major strikes in the past hundred years. By 1896, there were over 50 mines working gold claims in the area. In 1905, tungsten was discovered in the area, followed in 1918 by the discovery of a major silver deposit in Red Mountain.

could be had 24 hours a day and view the remains of the Kelly Silver Mine, California's richest silver strike. The massive head frame is a landmark that can be seen from Hwy 395. Take the "back way" over by following Butte Ave. out of town. It takes you all the way to 395. There is a view point for the Rand Mining operation on the way—look for a small sign on the right that says "point of interest" and drive up the hill. In Red Mountain itself, check out the Old Owl Inn, once an infamous prohibition watering hole, and browse through antiques in the old Silver Dollar saloon.



## Desert Navigating Tips

**Caution: the desert can be hazardous so use extra care!**

Beware of vertical mineshafts, especially with children along.

Tell a responsible person where you're going and when you expect to return.

Fill gas tank and radiator. Carry several gallons of extra water.

Passenger cars should not attempt roads shown on maps by dashed lines. Even a principal dirt road may be impassable after heavy rain. When in doubt, turn back.

## Be a conservator!

Many gem and mineral deposits in this area are under claim. Carrying off large quantities of rocks could result in closing of the access roads.

Respect private property. Do not use firearms indiscriminately, nor molest dwellings or ruins.

Do not pollute springs or wells, nor deface petroglyphs.

*The houses in Randsburg all looked deserted and dilapidated, but we enjoyed our stay and found it all very interesting."*

Well Martin and Mari finally got to see the Sequoias, and a whole lot more during their trip out west. They also visited a Ghost Town that had a few dilapidated buildings, with no one there. They visited the Grand Canyon, Utah, Vegas, and drove along Route 66 stop-

ping along the way to collect memorabilia.

They drove through Death Valley from Vegas where they experienced the hottest day yet, 128 degrees. According to Mari, it was hot but since it is a dry heat and always has a breeze going, you really don't feel it. Hmmm... sounds fine to me.

Anybody want to go live in Johannesburg? Without the crime?

*Left: Have you hugged a Sequoia today? Martin finally got to fulfill his dream of seeing the Sequoia National Forest. He told us that the pine cones from these enormous trees, are in fact, quite tiny.*

# LIGHT BULBS UNLIMITED

*Specializing in hard to find bulbs*



**Your  
One Stop  
Bulb Store**

*Discount Supply and  
Energy Saving Bulbs*

---

**RETAIL • WHOLESALE • EXPORT**

---

Flourescent • Aquarium • Marine • Plant • Tungsten Halogen  
hoto bulbs • Low Voltage • Fiber optics • Black Light

Custom Neon • Health • European

Full Spectrum • Miniatures

**NEON AND LAMP REPAIRS**

[www.lightbulbsunlimitedtpa.com](http://www.lightbulbsunlimitedtpa.com)

*"If We Ain't Got it...  
We'll Get It"®*

**813-253-5775**

**1503 Dale Mabry Hwy. S. Tampa**

**Local SA**

# Massage Therapist

*conveniently located in Clearwater*

## Yvonne Forrest, LMT

*Get relief from:*

Injuries from Sports • Accidents • Surgeries  
Headaches • Lower Back Pain • TMJ  
Foot Reflexology • Deep Tissue Massage

MA0017481 • MM007426

Mon. - Fri. 1-9pm

Sat. 1-6pm

Early evening and Sat.  
appointments available

**Yvonne Forrest, LMT,**  
Bond Therapeutic Massage

1710 Drew Street, Suite 6, Clearwater

**(727) 298-0434**

[www.yvonneforrest.com](http://www.yvonneforrest.com) • [massage@yvonneforrest.com](mailto:massage@yvonneforrest.com)

*Gift Certificates Available*

**CHRISTMAS • BIRTHDAYS • MOTHER'S DAY • FATHER'S DAY**

# MMMMM.... lick your chops

## Vetkoek

Fill it with mincemeat, cheese or any thing else that comes to hand.

### Ingredients

- 250ml (1 cup) cake flour
- 1 tsp baking powder
- 1/2 tsp salt
- 1 egg
- 125 ml milk
- 125 ml oil for frying

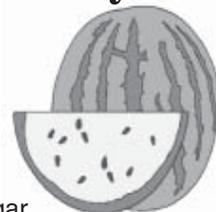


### How to Make Them

Sift flour, baking powder and salt together. beat egg separately and add to flour. Add milk and mix until smooth heat oil in frying pan and drop a tablespoon of the mixture into oil. Don't make more than four at a time. Fry for two to three minutes on one side, then turn and fry for one minute on other side. Serve hot.

## Waterlemoenkonfyt

- 1 preserving or ordinary watermelon
- 25ml (2T) slaked lime or 50ml (4T) bicarb per 5 litres of water for 1 melon
- 1 kg sugar per 1 kg peel
- 2 litres water per 1 kg sugar
- 20ml (4t) lemon juice per 1 kg peel
- pinch salt



2 pieces bruised fresh ginger per 1kg peel

**Method:** Slice melon, discarding soft flesh. Thinly peel hard green rind and discard. Cut remaining peel into squares, prick well on both sides and weigh pieces.

Soak peel in lime solution for 2 days ( 12 to 18 hours for ordinary watermelon). Rinse peel well and soak in fresh water for 2 hours.

Drain and place pieces in boiling water, one piece at a time. Boil uncovered until just tender, test with a matchstick.

To make syrup, combine sugar, water, lemon juice, salt and ginger in a saucepan over low heat and bring to the boil as soon as sugar has dissolved.

Place the peel in boiling syrup and boil rapidly until pieces are tender and translucent and syrup is thick.

Pack into hot, dry, sterilised jars, fill jars with syrup and seal immediately.

## Here, Lick a Pudding! *I found this recipe at [www.recipegoldmine.com](http://www.recipegoldmine.com)*

*While surfing the 'net recently, I came across this recipe for a Heerlike Poeding. The person responsible for the site, had the following to say about it:*

"This is a recipe from South Africa, but I do not know whether or not it originated there. "Heerlike Poeding" (pronounced "here-lick-a pudding") literally means "Delicious Pudding" in Afrikaans. This is not a dessert to be served at refined dinner parties. However, it is a truly delicious baked pudding in the blue collar tradition that is perfect for hearty appetites on cold, wintry days. It's easy to make, too."

**You will need:** 1 C. all-purpose flour ; 1 C. milk; 1 tsp. baking soda; 1 tsp. baking powder; 2 T. apricot jam; 1/2 C. sugar; 1 T. vinegar; 1 egg; pinch of salt (about 1/4 to 1/2 tsp.)

**Method** Beat egg and sugar. Add rest of ingredients except milk. Mix well, then add milk and mix well again. (The mixture will be very liquid, but that's okay.) Bake for one hour at 350°F in a deep uncovered casserole dish — say about 7 to 8 inches square or round and 3 or 4 inches deep.

**Just before the hour is up, prepare the following syrup:**

1/2 C. boiling water; 1 C. milk; 1 tsp. vanilla essence; 3/4 C. sugar; 2 T. butter or margarine

Bring the syrup to the boil, then pour it into the dish, while the pudding is still hot from the oven. Let stand for a few minutes before serving.

*Can be served with whipped cream or vanilla ice cream. Leftovers may be reheated either in the oven or microwave. It seems to taste even better the second time around!*

## EXPATRIATES HEALTH INSURANCE

The UK's largest and oldest insurance syndicate now offers health insurance to all expatriates with policies that are simple to understand and very reasonably priced!

### 100% WORLDWIDE COVERAGE

- |                       |                    |                     |
|-----------------------|--------------------|---------------------|
| Hospital Room & Board | Physical Therapy   | Laboratory Services |
| Emergency Room Fees   | Ambulance Services | Transportation      |
| Operating Room Fees   | Surgeons Fees      | Prescription Drugs  |
| Intensive Care        | Anasthesia         | Office Visits       |
| Recovery Room Fees    | X-Rays             | Doctor Visits       |

YEARLY RATES	EUROPE	WORLDWIDE	USA/CANADA & CARIBBEAN
18-39 yrs	327.75	569.25	718.75
40-65 yrs	425.50	741.75	960.25

65 and older – Call for quote. cover available for shorter term.

\*Family rate (2 adults and dependent children 1-18yrs, or 24 yrs in full time education.) – 2.5 x Oldest Adult Premium

### Correspondent to Lloyd's Insurance Broker

Member Better Business Bureau of West Florida

**John A. Costa, Esquire**

Master Card – Visa Accepted  
US and Canadian Service

Member British American Chamber of Commerce

11867 - 102nd Street N., Largo, Florida 33773

1 (800) 399-3904 Fax (727) 391-0562

<http://www.expatriateinsurance.com>

## British Foods in Sarasota

*Tastefully British, Inc.*



*Authentic English Tea Room*

Fine British & Tea Related Gifts • British Food

2236 Gulf Gate Drive, Sarasota, FL 34231  
Ph (941) 927-2612 • Fax (941) 925-9682

*Sandra Cherry and Hester Mulak*



## Zebra Graphics

Custom designed ads, catalogs, brochures, newsletters, business stationery and more!

P O Box 3711,  
St. Petersburg, FL 33731

Ph (727) 502-0867 • Fax (413) 451-9073

**Classifieds**

**KOEKSISTERS**

Noleen's famous koeksisters from a family hand-me-down recipe, will be available. Prior orders are strongly recommended because they sell out fast. \$3 per pack.

Call Noleen at (727) 535-4515.

**MELKTERT**

Dawn Gebhard will be there with her delicious melktert. Be sure to call in your order ahead of time, so that you dont miss out. Cost is \$7.

Call Dawn at (813) 991-6095.

**CARS FOR SALE**

**1986 Suzuki.**

Manual, engine runs great, body needs TLC. \$400.00.

Call (727) 535-4515

**Mustang 1983 Convertible.**

104,000 miles. \$2750 obo. Needs new motor for roof.

Call (727) 502-0867.

*Classified ads are just \$5. Email yours to zebra@ozline.net, or mail to P O Box 3711, St. Petersburg, FL 33731.*

**TUPPERWARE®**

**NO NEED to HOST or ATTEND a demo in order to buy Tupperware®.**

Earn money for your club, church, school etc with a **TUPPERWARE® FUNDRAISING** opportunity."

**\*\*\* PLUS \*\*\* we have some great gift ideas for Christmas, Birthdays, Weddings, etc.**

**Cheryl Girdwood, Tupperware Consultant**

Tel: 813-994-0680 • Fax: 813-994-0960 • cherylg@quixnet.net



**Futons, etc**

**The Better Sofa Sleeper**

**Ann Taylor**

**Manager**

M.-S. 10:00-7:00

Sun 12:00-5:00

Tel: (813) 872-4400

Fax: (813) 872-6134

109 S. Dale Mabry, Tampa

**The Pampered Chef**

**The kitchen show that comes to your door**

**HIGH QUALITY MULTIPURPOSE KITCHEN PRODUCTS**

Call me to book your show -

Our Pampered Chef hosts NEVER pay full price!

Great bridal showers and theme parties too!

Contact Debbie Alvord, your Pampered Chef consultant

**(727)789-2986**

Deborah.Alvord@verizon.net

**BRAAI NEWS**

**SUBSCRIPTION FORM**

**NB Only for those who DO NOT usually attend the braais**

Name: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

Zip: \_\_\_\_\_

Phone: (H/B) \_\_\_\_\_

If you are normally unable to attend the braais but would like to continue receiving the newsletter, please consider a donation of \$3.50 per issue, or \$7 a year. This subscription will be kept on an "honor" system, so it's up to you to keep track and send in your annual dues on a regular basis.

Please mail your contributions to:

**P.O. Box 4811, Clearwater, FL 33758**

*Thank you for your support*



# BRAKE & CLUTCH CENTER

We sell

New and Remanufactured  
Clutch & Brake Parts

**(813) 870-9522**

4410 N. Lois Ave., Tampa, (In Drew Park)

## C.V. JOINTS

Boot

**\$50**

Complete Shaft

**\$89**

Installed + Tax

## CLUTCH

**\$330**

**\$31 OFF =**

**\$299**

(Most Cars & Light Trucks)

**\$31 OFF**

## FREE INSPECTION

## BRAKE SERVICE

Per Wheel

**\$39 less \$10 OFF = \$29<sup>99</sup>**

Metallic Extra (Most Cars & Trucks)

**\$10 OFF**

IF UNDELIVERED, PLEASE RETURN TO: P O Box 4811 Clearwater, FL 33758

### IMPORTANT

Please remember to send all of your...

#### Changes to the Mailing List to:

*Noleen Naude (Organizer)*  
P O Box 4811,  
Clearwater, FL 33758  
(727) 535-4515

#### Ads and Stories to:

*Sharon Bond (Editor)*  
P O Box 3711,  
St. Petersburg, FL 33731  
tel (727) 502-0867 or  
fax (413) 451-9073  
email: Zebra@ozline.net