

# BRAAI NEWS

*Community News for Expats*

**Vol 19 #2**

**October 2014**



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## Sarasota Potjiekos Competition

Dust off the potjies, Boyjies! It's time to flaunt your talents and have the ladies drooling over your potjie masterpiece. Yes... **Potjie** Masterpiece. You can start getting them ready for the next annual PotjieKos Competition coming up on March 21, 2015 in beautiful Sarasota, Florida.

It would be greatly appreciated if you would please enter your teams as soon as possible. Send team names to Jacqui DeBeer at [jdebeer3@aol.com](mailto:jdebeer3@aol.com)

The competition will be held at 7289 Palmer Blvd, Sarasota, 34240. Cost is \$20 per person.

For further information, contact Jacqui at 941-400-3518 or by email.



Braai News © is a bi-annual publication produced for Expat South Africans communities

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## Congratulations, Mazeltov, Baie Geluk!

After 9 long years of rollercoaster ride after ride, Arno and Irene Von Waltleben finally became U.S. Citizens, this October 2014. Please join us as we drink a toast to this enterprising couple who let nothing stand in the way of their success. Perseverance pays off! Well done guys.



## Award Winning Musician, Harry Campbell to Tour the USA

Harry Campbell, a versatile and talented entertainer with an easy style that appeals to even the most critical ear, plans to tour the USA in 2015.

As a young school boy, Harry soon developed a passion for music and started playing the guitar. School mate and later turned actor Bill Flynn, just happened to own the only electric guitar in the neighbourhood.

Harry wanted to play bass badly, but could not afford to buy this guitar at the age of 16. He was able to convince Bill to lend him his guitar, essentially laying the groundwork for Harry's career into the world of music.

Along the way, Harry got some advice from Reggie of Omega Limited who told him that a car's handbrake cables should work well as thick bass snares after all the oil is washed off. Harry tried this out, and poor Bill Flynn had to wait a very long time before getting his guitar back. If you ask Bill, he'll explain to you how the neck of his guitar got so bent and crooked. And that folks, is how Harry learned to play the bass guitar.

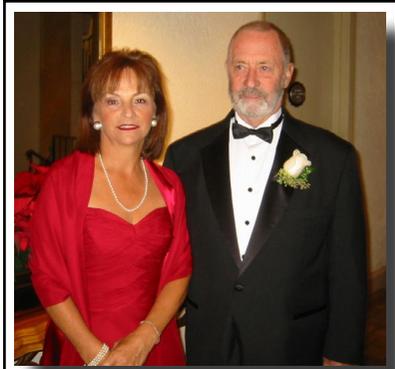
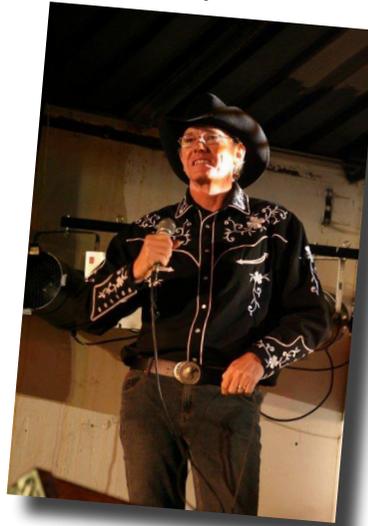
Like the other young men of his age, Harry was called up and went into the army for nine months of enforced training camps. Harry was told to stand guard, or would have to entertain the corporals and sergeants by singing in their mess after hours. Harry stood guard for just one night, after that his solo singing career began.

Harry left the Army as a trained musician and soon signed a contract with a local music agency. For the next few years he toured nationally with a Southern Sun Hotel group.

Throughout the years Harry has performed with various bands and has sung everything from rock to sakkie. He played bass guitar for the country band "Rocking Horse" for many years. Later he shared these experiences with his sons, a duo known as Die Campbells.

Harry received an IFM award for his group "Harry & The Hot Shots" and was crowned as best country group for 2004. "I would if I could, but I can't so I won't" Was a number one hit on the IFM playlist.

For more info visit <http://www.harrymusic.co.za/> To listen <http://www.harrymusic.co.za/player.htm>. For bookings and performance fee, please contact Sandra 082 341 5006, or email: [sandra@harrymusic.co.za](mailto:sandra@harrymusic.co.za)



## RIP Ray Dykes

June 3, 1933- Aug. 18, 2014

Ray Dykes, A long time friend and mentor passed away recently after a long, hard, well-fought battle with prostate cancer. I met Ray in early 1997, thanks to a little British shop that used to be on Corey Avenue in St Pete Beach. I remember the lady telling me, "there's another South African who comes in here. I'll get his number for you". And so the friendship began. Like many of us other South Africans, he gave it all up, leaving S.A. to come here and carve a future for his family.

I soon came to learn that Ray was quite the consummate entrepreneur. A few years earlier, Ray decided that he was going to sell beads. With a van and a few trays of beads he began to peddle his wares, while few folks looked on questionably. From that little seed of an idea, along with tons of determination, and a smart and savvy mind, Ray built a business that soon grew into a very successful enterprise. Ray's son Graham worked side by side with his dad and later his daughter Wendy joined them. This ultimately freed Ray up to go and enjoy the biggest love of his life... sailing. He later met Christine and together they sailed the Caribbean for several years fulfilling one of his many lifelong dreams. Ray was also an avid cyclist. Perhaps all the exercise kept him looking at least 10 – 15 younger than his actual age. But then again he had the state of mind to go with it.

Rest in Peace my friend. I am glad to have known you.

Sharon

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# Transitions: Making the Big Move

BY GLYNNIS ROSS-MUNRO

**Y**ou hear a South African accent and you introduce yourself. The question arises: “how has it been for you?” “Argh, Really Tough?” “Argh, Not Easy?”

Emigration is drastic change: Visa struggles, recession woes, family separations, educational confusion and medical insurance. Bloody awful.

Statistics show the initiative, creativity and persistence of immigrants:

- 29% of businesses in Florida are owned by immigrants
- A quarter of America's small business creators are, or were immigrants
- Forty percent of Fortune 500 companies were started by immigrants or the children of immigrants
- 52% of startup founders in the USA were immigrants up till 2005
- Startups have a significantly better chance of success if one of the founders is an immigrant

Immigrants are amazing. I find South Africans particularly so, because we're so versatile. Meet a South African and you meet a problem-solving machine, often creating multiple streams of income, with plans for other enterprises in case the current ones don't work out.

The history of the country is of immigrants: Dutch, Irish, Jews, Poles, African slaves or Indians, Nigerians, Vietnamese, Spanish, etc immigrants. They've all done the same. But the “Boer maak 'n plan” mix of innovative thought and solid implementation is very common amongst South Africans.

When my family arrived in the USA, we thought we were prepared for the experience. We'd read every book avail-

able on downsizing and how to deal with difficult changes. I had prepped to leave a successful training career. My husband was ready to go from managing partner of a successful law firm to house-husband.

But it was brutal. I spent six years in international trade, then

started my own training company, Competency & Performance Solutions, in 2006. The economy went into recession. We struggled to develop a brand around the South African idea that a small company can train a wide range of skills. The kind of customized, competency-based training which South Africa expects is generally considered high-end, top-dollar consulting in the US. We needed another path.

We found it on the voluntary training circuit, and by sharing knowledge openly. Once we put considerable work into an interactive Generation Jigsaw for over 150 senior Tech Data managers and were reimbursed with a pen. We train things like the International Trade Certificate for USF-SBDC, work for the USF Osher Lifelong Learning Institute, SHRM and

anyone else who needs a speaker. In time, it came together.

Our sons had problems. Our younger son loathed US high school culture, especially as his school was overcrowded, about to become two high schools. He had done nearly all of the work, so he did his SATs and went to university through early admit. After grad school at Carnegie Mellon, and a year in Asia, the



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US became his true home.

We expected our older son to love the States, but he was soon demoted from university to Community College, despite a 4.0 grade average. If you do not deregister from South African universities, they give you Fs for the semester during which you leave, no arguments accepted. However, he loved the Honors track of Community College, completed his undergrad, spent a year in Japan, and did his MBA and

Entrepreneurship masters at USF. He is this year's USF Entrepreneurship Alumnus, both for his own achievements and for work in community incubators, especially Startupbus and Startupbus Africa.

My lawyer "house-husband" is now CEO of the American International Business Council as well as CFO of our training company. We teach at-risk teens, and work with seniors.

But there is always that South African tendency to create another stream of income. We support an elderly relative in the USA, so we created an Airbnb project that provides soft landings for international visitors to Tampa Bay.

Many other weird ideas become projects for the at-risk teens we teach together. Last year they made "stuffie alpacas" to sell on Etsy. This year it is going to be fascinator hats. The teens we mentor have problems, but South Africans are project solving machines. When we're not doing it ourselves, we're sharing.

Just like all the other South Africans we know.



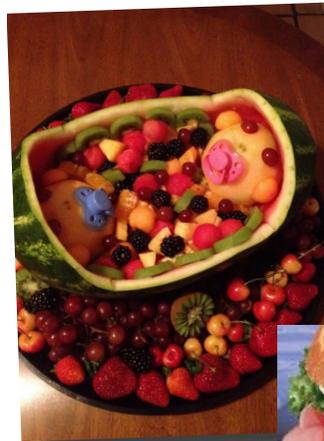
# Wayl of a Time CATERING

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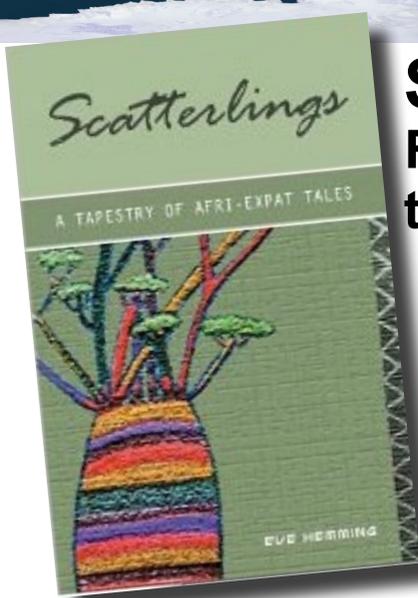
OPEN MON.- FRI. 8:30AM - 3:30PM

Ideal venue for casual parties, networking events, seminars and meetings.



# SAFFAs

# Around The World



## Scatterlings — From a Tapestry of Afri-Expat Tales to Migration, Relationships and Mindfulness

**T**he saying that many of us are familiar with, is that “Immigration ‘aint for ninnies”. But most of us do not comprehend the degrees of complexity, until we are wrapped up in the very throes and underbelly of its all-encompassing force.

In *Scatterlings — A Tapestry of Afri-Expat Tales*, immigrants, including myself, share our stories on leaving home, on leaving South Africa or Zimbabwe, and the profound impact which our individual moves have had on our personal lives and on those whom we love.

As immigrants we shared the pain, the anger and the sense of enormous loss (of home, friends, our footprint and identity.) We shared how we miss all that is geographically familiar, (the clouds and rock formations, the ocean, weather, vegetation, African energy, art and music). We shared that we miss the cultural and heritage-infused connotations, like our language, traditional foods and music.

Within the overarching heartbeat of Africa we miss the wildlife, the rich diversity, the scorching sun and the Southern Cross.

Within *Scatterlings*, we shared, too, the joys as immigrants, of a sense of freedom, devoid of the parameters of fear, tension, conflict, collusion and corruption, which we were exposed to, one way or another, irrespective of our creed or colour.

The country’s unhappy and notorious legacy of control dramas and prejudices, since time immemorial, with the zenith being the heinous crimes against humanity through marginalisation of the majority of people, (which in essence stole their birth right), now paralleled by a democracy, which is flawed and has created disillusionment as well as ongoing traumatic experiences for many, is part of the tapestry that was shared in *Scatterlings*.

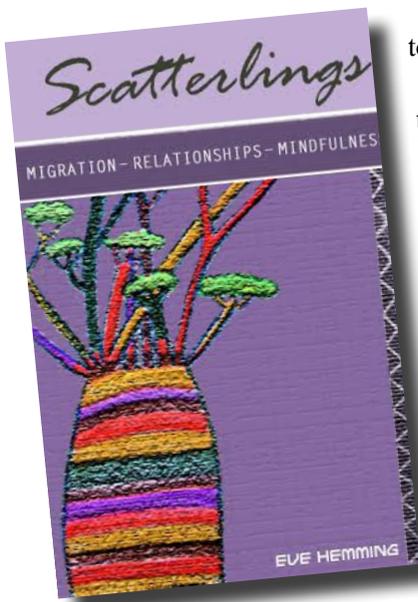
Within *Scatterlings* understanding, or coming to terms with the grief process of immigration along similar lines to Elisabeth Kübler-Ross’s bereavement model, provided fodder for thought. Readers from around the globe have articulated how it made them feel ‘normal’ knowing that others had similar feelings during their torrid journey of body, heart and soul.

With *Scatterlings — Migration, Relationships and Mindfulness*, the intention is to hone in more; regarding the immigration impact on the family unit or relationships and looking at mindful ways towards reconciling the complexities, as well as sharing the varying responses from individuals about their relationship immigration journeys and adaptation.

Some psychological principles are incorporated for a deeper understanding of how we react to stress, and how our brain facilitates us to think holistically. I have also incorporated self-management techniques around our emotional regulation.

*"I have laughed, cried and talked things over in my head while reading Hemming's extraordinary collection of Scatterlings. She carefully treads through the complex nature of our beloved land, and the mixed-up feelings so many expats feel. She puts into words emotions that come from deep within and journeys through the profound effects of saying goodbye to one's home. Full of hope and appreciation for our new lands, Scatterlings is a therapeutic journey for anyone smart enough to read it. Eloquent and poetic, yet real and useful...Remarkable how someone else's story can be so healing.*

*-Kerry Engelbrecht*



*Scatterlings 1* was an outpouring; a veritable tsunami of an array of mammoth feelings, which led to a catharsis for many. It is hoped that *Scatterlings 2* can facilitate this catharsis further.

Eve would be delighted and honoured if folk wish to share/ submit snippets about their adaptation and how immigration has impacted their relationships- positively and /or negatively. Some humour would also be welcomed, so as to ensure that the content is not too heavy, though reality checks are also vital! This is a way of enlightening and assisting other expats and 'wannabes' around the world, though only once one has 'walked the talk' can one fully comprehend the enormity of this 'journey.'

### Deadline

Submissions must be received no later than the end of January 2015. (2-3 pages in 12 point Garamond.) A cross section of pieces will be selected. These stories will facilitate expats to have a better understanding, through the illustration of adaptation processes into different countries and cultures. Work is edited where necessary, without losing the essence of the story and no facts are altered, so as to ensure authenticity.

Eve can be contacted at [eve.epiphany@gmail.com](mailto:eve.epiphany@gmail.com).

### About the author

Eve Hemming is an ex-teacher, a writer and psychologist, a wife, mum and gran. Eve and her husband immigrated to New Zealand from SA mid 2008, where Eve worked as an educational psychologist in Auckland for five plus years. She is currently a counsellor employed by a Maori NGO in a NZ coastal town, where they happily settled this year.

Eve's first book assisted immigrants around the world, (who hail from SA and Zimbabwe) to feel a sense of identification regarding 'the process'.

*Scatterlings- A Tapestry of Afri-Expat Tales* can be ordered via Amazon. Eve is self-published through XLibris.



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**FAMILY KITCHEN TAKES CATERING AND THE AMERICAN DREAM TO NEW LEVEL**

# To the Von Waltsl ebens It's Not Just a Party, It's *A Wayl of a Time*



**I**t's party season beginning with Thanksgiving and going on through all the holidays. Perhaps a winter wedding, a company Christmas party or a New Year's get together is on the cards. Whatever the occasion, where food is required, Tampa, Florida has one of the best kept catering secrets in the area – Wayl of a Time Catering, owned by Arno and Irene Von Waltsl eben.

The Von Waltsl ebens are living the American dream. They sailed into St. Petersburg, Florida, from South Africa in 2005, with their two sons. It didn't take long for this family to get started with what they do best... food! Their delicious entrees gathered a reputation for quality when they opened a restaurant called Primi Café in the heart of downtown St. Petersburg. This establishment soon became a popular destination for the local residents as well as South Africans who often travelled from far and wide. After all, this was an opportunity to experience some South African home cooking at its best.

Although the Von Waltsl ebens later sold their beloved café, they bought the Wayl of a Time catering business – a company with a reputation for catering to the stars. With Home Shopping Network Group as a major client, many celebrities such as Martha Stewart, Randy Travis, Jennifer Lopez, Mary J Blige and Mariah Carey have been catered to while in town for their promotions. Wayl of a Time is a thriving business, serving up weddings and office lunches around Hillsborough and Pinellas Counties. During October 2014, Arno and Irene finally fulfilled their American dream when they were sworn in as citizens of the United States.

Wayl of a Time catering prepares all of their food by hand, and fresh daily. They do not use processed or pre-packaged food, preferring instead to source local and organic produce as much as possible. No matter what the occasion, Wayl of a Time insists on treating the event as an affair to be remembered by all. They are even able to cater to special dietary needs such as gluten-free, vegan, or Kosher. The dedicated staff takes all events personally and and takes pride in going over the event with prospective customers to ensure their meals are impressive and pleasing to the palate.

Wayl of a Time Catering recently expanded their business by opening Wayl's Fresh Café in Downtown Tampa. It is here, where hot meals, sandwiches, wraps, salads and more are served to the Downtown crowd, Mondays through Fridays from 8:30am - 3:30pm. Office platters are available.

Well-reviewed online, and in places such as [WeddingWire.com](http://www.weddingwire.com), Wayl of a Time caterers deliver not only food, but promises. The hallmark of a good caterer is a signature dish that people can't stop talking about — for the Von Waltsl ebens, that dish is their famous cheese steak spring roll with homemade spicy ketchup.

Fret not fellow SAFFAs! Many favorites such as cottage pie, bobotie, malva pudding and more can still be made to order. Keep an eye out on the *Braai News* FaceBook page for updates and South African events planned at their new digs in the future.

Irene can be contacted at 813-241-9295 or M: 727-415-8976. For more information, visit <http://www.waylofatime.com>.

See ad on page 12.

We want you!



# VIVA!

## Philanthropy

**Do you have a desire to do something good and worthwhile in the world?**

**Something that will impact another's life for the better?**

**Too many options to choose from? Not enough time, cash, energy?**

**... well, here's some food for thought.**

**V**iva College/Life Skills Centre established in 2002 is an Upliftment/Life Enrichment Facility for teenagers / young adults diagnosed with Neuro-Biochemical Disorders including Schizophrenia and Bipolar and other related challenges including personality disorders, behavioural and reactive attachment challenges.

Viva aims to provide teenagers and young adults with a non-threatening environment and a normalizing perspective. Viva caters for those students who have recently been hospitalized during their psychotic phase, or adolescents/young adults who are generally not coping or conforming to society's norms due to neuro-biochemical related mental challenges. Students discharged from hospital, or those who are simply at home are battling to recuperate their functionality, self-esteem and zest for life due to a lack of directional motivation.

The Viva Approach is based on a Holistic Secondary Family Systems Methodology.

These young people, some of whom also have a Substance Abuse History, require positive and constructive stimulation within the parameters of structured Life-Enrichment Modules specifically formulated for them by the Viva Life Skills Facilitators/ Coaches so as to allow them to ease back into society with minimal stress.

The average time span of a student's participation at VIVA for the first Phase of the Program is 1 year to 18 months or more depending on each individual's progress. Longer-term life skills and schooling tutelage (phase 2) will commence or run concurrently to phase 1 once students' are deemed to be stabilized and normalized to the extent that they are able to cope with advancing themselves further.

Viva College has also opened up a High School Program for adolescents and is registered as a Study Centre under the auspices of The British International College as of 2007. Students are able to achieve A level status which is equivalent to first year University grade in South Africa and their qualification will be internationally acclaimed.

The Viva aim is to assist these young people to achieve their full potential at whatever level they are capable of and to enhance motivation by encouraging confidence to entering the real world with sound objectives for their future in mind. Practical and other specialized life skills are introduced in the second phase of the Viva Program with a view to gaining employment or commencing a small business in the third phase.

### Testimony from a Parent

**BY ANGI BISHOP**

I have a grandson of 15 whom I adopted at birth and have spent these years trying to find a way to educate him. He was not able to function academically in the mainstream school system in South Africa, and he has been to many government schools that claimed to offer the help he needs. Mainly they were just holding places for mentally challenged and delinquent children and boys like my grandson were badly bullied and abused to the point of him threatening and attempting suicide at an early age.

This school is the best and last chance for him. I could say much more but there is no space here.

Please go to the site. You may know a family in need of this school.

And if you can, buy some 'bricks' to help build recreation centre & library.

<http://www.vivacollege.co.za>

## The Motivation Behind a Unique and Vital Mental Health Initiative

# Viva College – a First in South Africa!

**D**id you know that 1% of the South African population is affected by Schizophrenia with a suicide rate at 40% attempted and 10% successful? Paola Macqueen, mother of 30 year-old twin boys, one of whom was diagnosed with Schizophrenia at 16 years of age made an attempt – luckily he did not succeed.

After much research into the illness and facilities available in South Africa at the turn of the millennium, Paola found that there no appropriate facilities in the country for affected teenagers and young adults at that time.

Students who had attended normal schools and were suddenly locked up in a Psychiatric Hospital, was for many, a major culture shock. This sudden deviation from a life they had become accustomed to, impacted their wellness, often inducing a relapse, and further compromising the mental state of the individual. In short, the more relapses, the more devastating the effects, and the poorer the prognosis for future quality and functionality of life. While Paola Macqueen was learning about this the hard way, she resolved to work on a solution to the crisis.

The Viva Youth College/Life Skills Centre for adolescents / young adults was formed. Students were offered an opportunity to resume their lives after hospitalization for a psychotic episode. Students are discharged from hospital once in their wellness phase, and as the prescribed neuroleptic medications begin to re-balance neurotransmitters in the brain.

All full-time students enrolled at Viva College have the hope to be on a path to wellness. For those who may have abused substances have to become clean and allow the Viva Team to assist them to remain so.

Full-time residential and day care students now have an opportunity to build new friendships. Viva students are nurtured and uplifted in a personalized and structured secondary ‘family systems’ environment, sensitive to their individual overall functioning.

Viva College’s Upliftment Program helps prepare students to resume their lives in a normalized way, through completing their schooling, university, college or finding employment.

For the past two years, Viva has run a study centre under the auspices of the British International Distance College Most high school students are enrolled for the Cambridge Course and are able to enjoy one-on-one tutelage facilitation at Viva. V

A long-term follow-up research Program has been set up essentially to monitor students who have graduated.

An overwhelming positive response from professionals and volunteers has been a source of daily inspiration for the team of Tutors, Life Skills Coaches and Medical/ Psychosocial/ Psychiatric Professionals.

Apart from schizophrenia and bipolar disorder, Viva also caters for reactive attachment disorders, borderline and cutting disorders as well as many other emotional, personality and behavioral challenges.

What these young people with so much unrealized potential need, is guidance, support and direction from caring and holistically qualified persons.

More importantly, the VIVA team, has a sound understanding of these neuro-biochemical disorders and their related effects, and will assist in the training of these young adults in social skills and will help develop their self confidence to a level where they can enter the workplace with a realistic chance of success.

Viva College is still a first and its conception and implementation has been long overdue.

For further information contact Paola Macqueen: [paola@vivacollege.co.za](mailto:paola@vivacollege.co.za)/  
[vivacollege@vivacollege.co.za](mailto:vivacollege@vivacollege.co.za)

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The Viva objective is for students to ease back into society after 12-18 months, or whenever they are ready, feeling capable to continue with their lives and most importantly feeling the hope and motivation to do so.

---



## VIVA LIFE SKILLS CENTRE

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& related neuro-biochemical disorders*

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**contact Tendai on 082 896 4444**

**or**

**email: [tendai@viva.co.uk](mailto:tendai@viva.co.uk)**

Viva Youth College 14 Koedoe Street cnr Summit Road Timsrand  
Tel: 082-896-4444 Fax 086-503 7626

[paola@vivacollege.co.za](mailto:paola@vivacollege.co.za) <<mailto:paola@vivacollege.co.za>>

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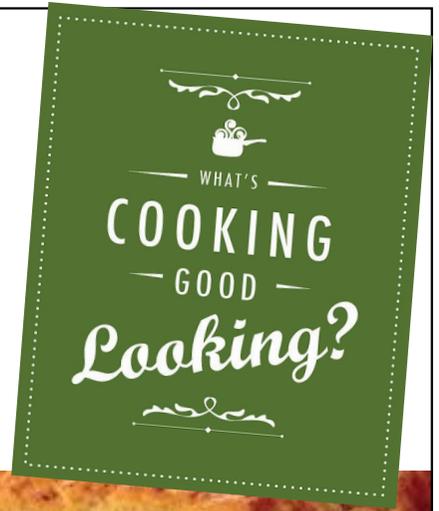
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## Quick 'n Easy Mielie Bread

FROM ANDREW KILLIAN PENTOLFE

- 1 tin cream sweetcorn
- 2 eggs
- 2 cups self raising flour
- 1 tablespoon of oil
- 1 tablespoon of sugar
- 10 mins in the microwave



### Braai News is on Facebook

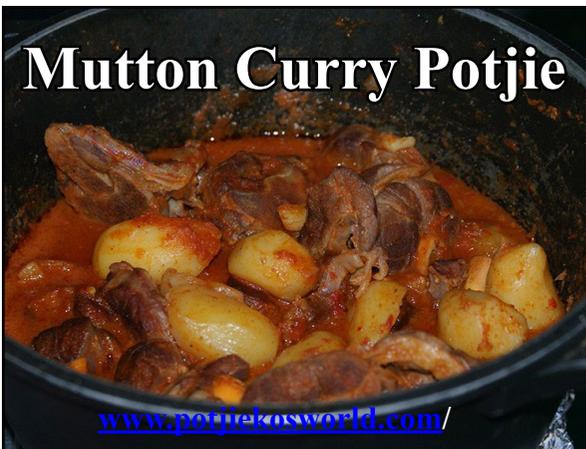
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"Like" us for updates on current events

"Compassion is not a relationship between the healer and the wounded. It's a relationship between equals. Only when we know our own darkness well can we be present with the darkness of others. Compassion becomes real when we recognize our shared humanity."

— Pema Chödrön

# Mutton Curry Potjie



[www.potjekosworld.com/](http://www.potjekosworld.com/)

Potjie No: 3 • Serves: 6 • Cooking Time: 3 hours

## Ingredients

- 2 kg skaapskenkel, cubed

## Marinade

- 60 ml oil
- 50 ml butter
- 20 ml medium curry powder
- 4 sticks cinnamon
- 10 ml grated ginger
- 10 whole kruinaeltjies
- 10 ml borrie
- 3 large onions, diced
- 10 ml lemon juice
- 2 medium eggplants, peeled and cubed
- 5 ml mustard
- 8 baby potatoes, peeled

## Yoghurt Mixture

- 4 large tomatoes, diced
- 500 ml natural yoghurt
- Salt and pepper to taste
- 20 ml chopped fresh parsley
- 15 ml white sugar
- 15 ml grated lemon peel

## Method

- Mix the ingredients of the marinade and pour over the meat for about 1 hour.
- Heat the oil and butter in the pot and then add the stick cinnamon and naeltjies for a few minutes.
- Add the onions and braai until soft.
- Remove the onions but let the stick cinnamon and naeltjies remain in the pot.
- Brown the meat and add a little water if necessary.
- Add the onion mixture to the meat, cover with the lid and allow to simmer for about 1 hour.
- Place the eiervrug cubes on top of the meat and season with the salt and pepper.
- Layer the potatoes and tomatoes and once again season with salt and pepper and a little bit of white sugar
- Cover with the lid and allow to simmer for approximately 2-3 hours.
- Stir well before serving and serve with rice and the yoghurt mixture over each serving.

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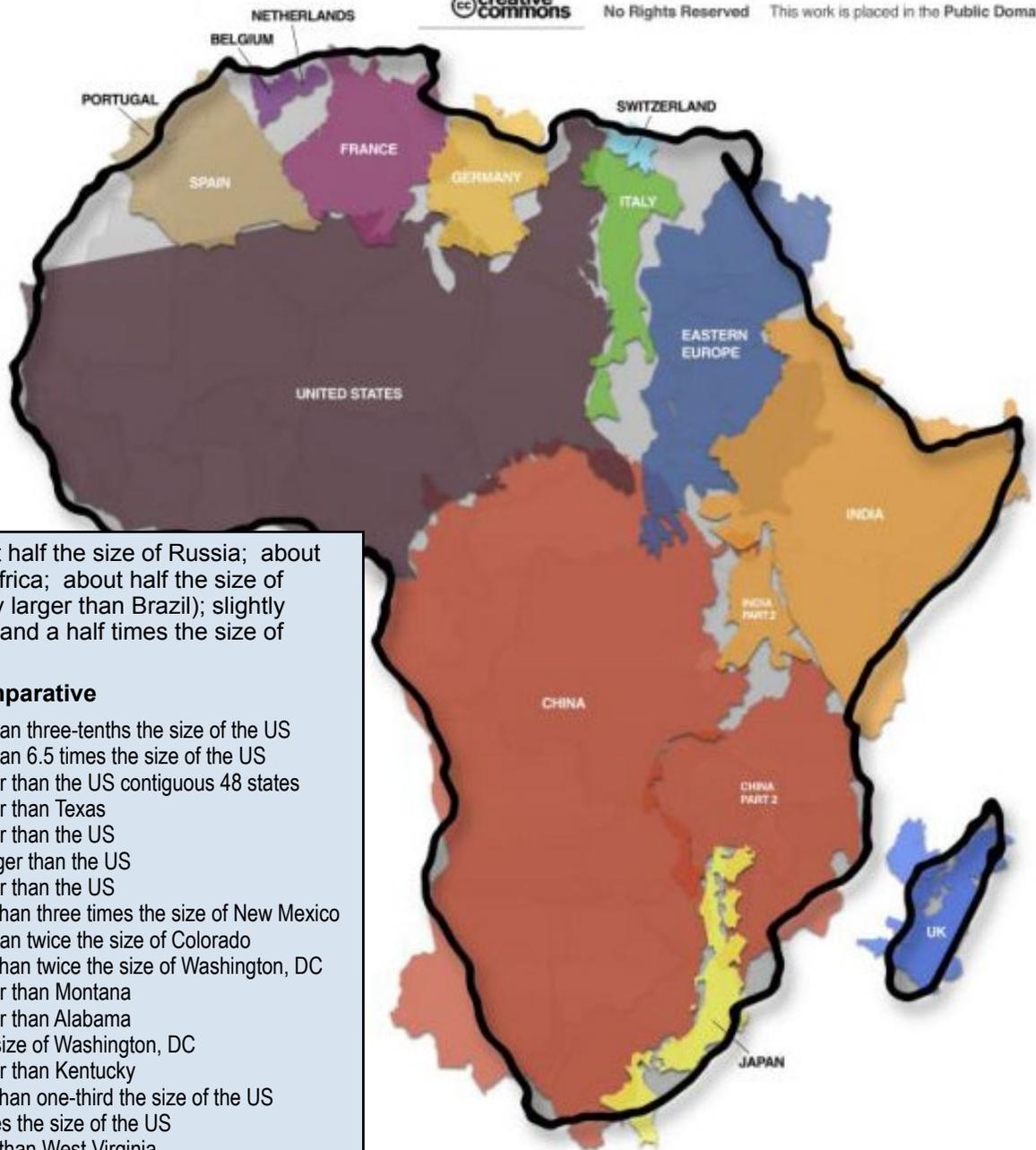
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# The True Size of Africa



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In case you've ever wondered about land mass... for example, the size of your state by comparison to some countries, or just how big Africa really is, here are a few statistics to ponder.



The United States is about half the size of Russia; about three-tenths the size of Africa; about half the size of South America (or slightly larger than Brazil); slightly larger than China; about two and a half times the size of Western Europe

**Country.....Area - Comparative**

Argentina	.....slightly less than three-tenths the size of the US
Atlantic Ocean	.....slightly less than 6.5 times the size of the US
Australia	.....slightly smaller than the US contiguous 48 states
Botswana	.....slightly smaller than Texas
Brazil	.....slightly smaller than the US
Canada	.....somewhat larger than the US
China	.....slightly smaller than the US
Egypt	.....slightly more than three times the size of New Mexico
France	.....slightly less than twice the size of Colorado
Gaza Strip	.....slightly more than twice the size of Washington, DC
Germany	.....slightly smaller than Montana
Greece	.....slightly smaller than Alabama
Hong Kong	.....six times the size of Washington, DC
Iceland	.....slightly smaller than Kentucky
India	.....slightly more than one-third the size of the US
Indian Ocean	.....about 5.5 times the size of the US
Ireland	.....slightly larger than West Virginia
Israel	.....slightly smaller than New Jersey
Italy	.....slightly larger than Arizona
Japan	.....slightly smaller than California
Madagascar	.....slightly less than twice the size of Arizona
Mauritius	.....almost 11 times the size of Washington, DC
Mexico	.....slightly less than three times the size of Texas
Mozambique	.....slightly less than twice the size of California
Namibia	.....slightly more than half the size of Alaska
New Zealand	.....about the size of Colorado
Russia	.....slightly less than 1.8 times the size of the US
Saudi Arabia	.....slightly more than one-fifth the size of the US
Seychelles	.....2.5 times the size of Washington, DC
South Africa	.....slightly less than twice the size of Texas
Spain	.....slightly more than twice the size of Oregon
Swaziland	.....slightly smaller than New Jersey
United Kingdom	.....slightly smaller than Oregon
Vatican City	.....about 0.7 times the size of The Mall in Washington, DC
West Bank	.....slightly smaller than Delaware
Zambia	.....slightly larger than Texas
Zimbabwe	.....slightly larger than Montana

**Square Miles by Comparison**

Kruger Nat'l Park	..... 7,523 sq miles (19,485 km <sup>2</sup> )
Florida, USA	..... 65,755 sq miles (170,304 km <sup>2</sup> )
United Kingdom	..... 94,058 sq miles (243,610 km <sup>2</sup> )
New Zealand	..... 103,483 sq miles (268,021 km <sup>2</sup> )
Texas	..... 268,820 sq miles (696,241 km <sup>2</sup> )
South Africa	..... 471,000 sq miles (1.22 million km <sup>2</sup> )
Australia	..... 2.97 million sq miles (7.692 million km <sup>2</sup> )
China	..... 3.748 million sq miles (9.707 million km <sup>2</sup> )
USA	..... 3.794 million sq miles (9.827 million km <sup>2</sup> )
So. America	..... 6.888 million sq miles (17.84 million km <sup>2</sup> )
Africa	..... 11.67 million sq miles (30.22 million km <sup>2</sup> )
Europe	..... 3.931 million sq miles (10.18 million km <sup>2</sup> )

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# Why Women Make Better Assassins

The CIA had an opening for an assassin.

After all the background checks, interviews and testing were done, there were three finalists: two men and a woman. For the final test, the CIA agents took one of the men to a large metal door and handed him a gun.

We must know that you will follow your instructions no matter what the circumstances. Inside the room you will find your wife sitting in a chair... kill her!!!



*After reading about this in the newspaper, Desmond carefully remove all Help Wanted ads posted by the CIA*

The man said "you can't be serious. I could never shoot my wife".

The agent said "then you are not the right man for this job. Take your wife and go home.

The second man was given the same instructions. He took the gun and went into the room. All was quiet for about five minutes. The man came out with tears in his eyes, I tried, but I can't kill my wife.

The agent said, "you don't have what it takes, so take your wife and go home.

Finally, it was the woman's turn. She was given the same instructions, to kill her husband. She took the gun and went into the room. Shots were heard, one after another. They heard screaming, crashing, and banging on the walls.

After a few minutes, all was quiet.

The door opened slowly and there stood the woman, wiping sweat from her brow. "This gun is loaded with blanks", she said. "I had to kill him with the chair".

**Eish**

Eish - (I-sh) interj. Used to express surprise, wonder

*How to chirp (ask a South African)*

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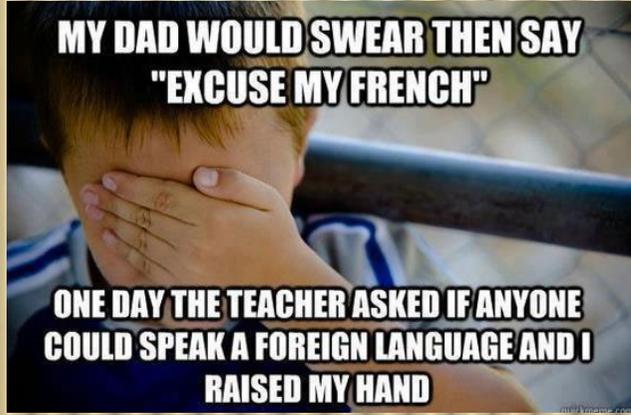
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APPLICATION FOR EMPLOYMENT

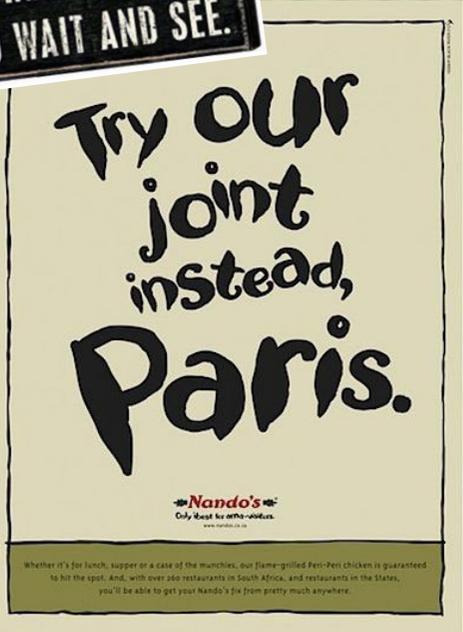
I refer to the recent death of the technical manager at your Company and hereby apply for the replacement of the deceased manager.

Each time i apply for a job, i get a reply that there is no vacancy but in this case i have caught you red-handed and you have no excuse because i even attendded attended the funeral to be sure that he was truly dead and burned before applying.

Attached to my letter is a copy of my C.V. and his death certificate.



**I'M TAKING CARE OF MY PROCRASTINATION ISSUES; JUST YOU WAIT AND SEE.**



R) Nando's message to Paris Hilton after she was caught smoking pot during the World Cup.

**I FEEL SAFE AT HOME AT LAST!**

I've torn out my alarm system & dropped my name from the "Neighborhood Watch" program.

I've got two Pakistani flags raised in my front garden, one at each corner and the black flag of ISIS in the centre.

The local police, CIA, FBI, DHS, and a few other intelligence services are all now watching my house 24/7.

*I've never felt safer.*

**'Cancel Credit Cards Prior to Death!**

*Be sure and cancel your credit cards before you die! This is so priceless.*

A lady died this past January, and ABSA bank billed her for February and March for their annual service charges on her credit card, and then added late fees and interest on the monthly charge. The balance had been R0.00, is now R60.00.

A family member placed a call to the ABSA Bank call centre:  
**Family Member:** I am calling to tell you that she died in January.

**ABSA:** The account was never closed and the late fees and charges still apply.

**Family Member:** Maybe, you should turn it over to collections.

**ABSA:** Since it is two months past due, it already has been.

**Family Member:** So, what will they do when they find out she is dead?

**ABSA:** Either report her account to the frauds division or report her to the credit bureau, maybe both!

**Family Member:** Do you think God will be mad at her?

**ABSA:** Excuse me?

**Family Member:** Did you just get what I was telling you... the part about her being dead?

**ABSA:** Sir, you'll have to speak to my supervisor.

**Supervisor gets on the phone:**  
**Family Member:** I'm calling to tell you, she died in January.  
**ABSA:** The account was never closed and the late fees and charges still apply.  
**Family Member:** You mean you want to collect from her estate?  
**ABSA:** (Stammer) Are you her lawyer?  
**Family Member:** No, I'm her great nephew. (Lawyer info given)  
**ABSA:** Could you fax us a certificate of death?  
**Family Member:** Sure. ( fax number is given )  
**After they get the fax:**  
**ABSA:** Our system just isn't set up for death. I don't know what more I can do to help.  
**Family Member:** Well, if you figure it out, great! If not, you could just keep billing her. I don't think she will care.  
**ABSA:** Well, the late fees and charges do still apply.  
**Family Member:** Would you like her new billing address?  
**ABSA:** That might help.  
**Family Member:** West Park Cemetery, 12 West Park Road, Johannesburg, Plot Number 1049.  
**ABSA:** Sir, that's a cemetery!  
**Family Member:** Well, what the \*\*\*\*\* do you do with dead people on your planet?

## My Favorite Things

To commemorate her birthday, actress/vocalist, Julie Andrews made a special appearance at Manhattan's Radio City Music Hall for the benefit of the AARP. One of the musical numbers she performed was 'My Favorite Things' from the legendary movie 'Sound Of Music'. Here are the lyrics she used:

Botox and nose drops and needles for knitting,  
Walkers and handrails and new dental fittings,  
Bundles of magazines tied up in string,  
These are a few of my favorite things.

Cadillacs and cataracts, hearing aids and glasses,  
Polident and Fixodent and false teeth in glasses,  
Pacemakers, golf carts and porches with swings,  
These are a few of my favorite things.

When the pipes leak, When the bones creak,  
When the knees go bad,  
I simply remember my favorite things,  
And then I don't feel so bad.  
Hot tea and crumpets and corn pads for bunions,  
No spicy hot food or food cooked with onions,  
Bathrobes and heating pads and hot meals they bring,  
These are a few of my favorite things.

Back pain, confused brains and no need for sinnin',  
Thin bones and fractures and hair that is thinnin',  
And we won't mention our short shrunken frames,  
When we remember our favorite things.

When the joints ache, When the hips break,  
When the eyes grow dim,  
Then I remember the great life I've had,  
And then I don't feel so bad.

## Book Seeks Reader for Fling

I'm not looking for anything long term.  
Just a few nights. Your eyes caressing my every word. Me filling you with feelings you never dreamed of.

## BEING A SOUTH AFRICAN



What Americans think I do



What Zimbabweans think I do



What the British think I do



What my friends think I do



What I think I do

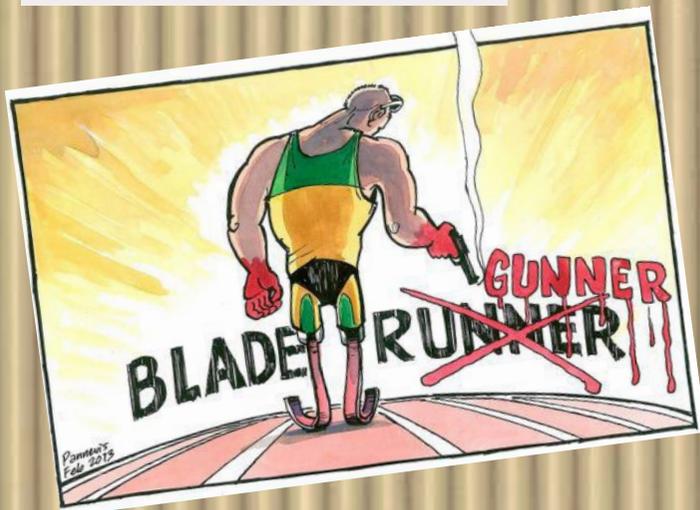


What I really do

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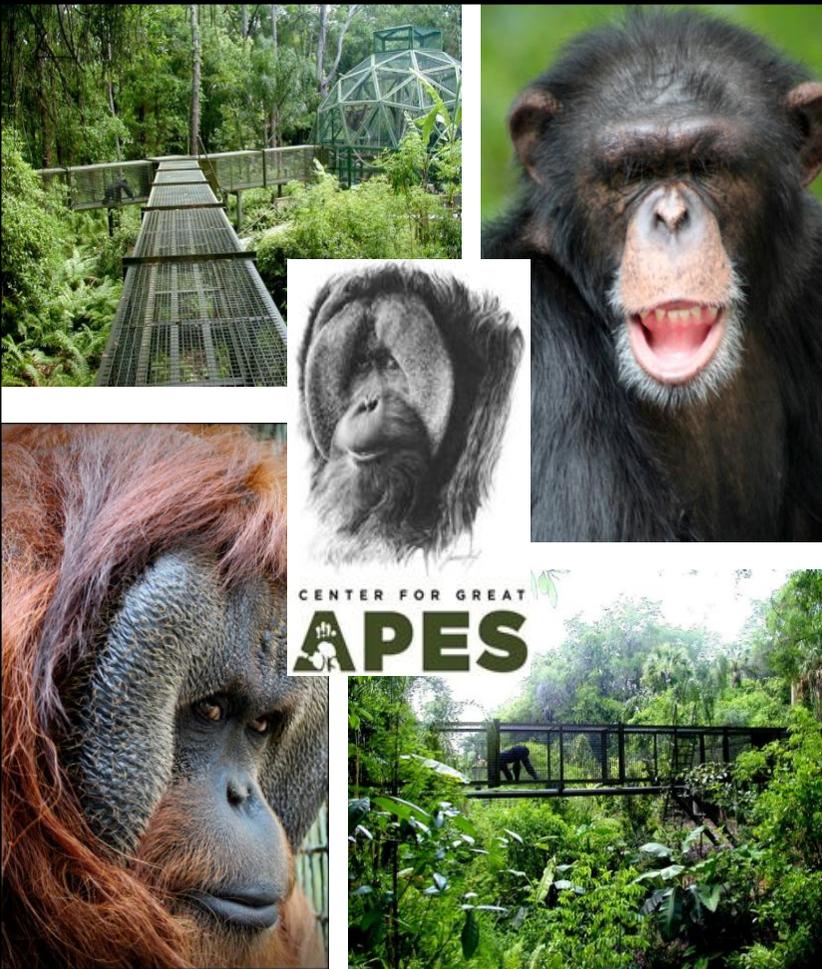
## Food For Thought

YOU CAN BE **ANYTHING**  
you want to be...**EXCEPT YOUNGER**  
*Then you're shit outta luck!*



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**Famed South African songstress Sonja Herholdt will be visiting the USA in April 2015.**

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